

ANNUAL REPORT

(2024-25)

04th April, 2024

#Sampurna Haat in Sampurna Centre, Sector-9, Rohini

Sampurna launched the Mahila Haat today under the supervision of President Smt Asha Jain. The management of Sampurna has decided that the Mahila Haat will be conducted every Thursday in Cooperative Group Housing Societies of Rohini. Dr. Shobha Vijender, Founder President of Sampurna, served as the Chief Guest at the event. The Mahila Haat provides a platform for women to showcase their self-made products, and the initiative has been widely praised.



05th April 2024

Topic: Meeting for the Election of A.G.M (Annual General Meeting 2024-25)

Venue : Sampurna, Sector-9, Rohini

The Executive Committee of Sampurna met today at 11:00 AM at the Sampurna Center, Razapur, to discuss the proposed date for the Annual General Body Meeting (A.G.M) for 2024-25. It was decided that Chitra Aggarwal, a senior executive member, would inform the committee members about the A.G.M, scheduled for Saturday, 13th April 2024, at 11:30 AM. The meeting also included discussions on the availability and commitment of members for future assignments, taking into account their past performance. Tea was served to all attendees. The notification will be circulated today via Whatsapp and phone calls.

06th April 2024

Topic: Associate Members Meeting

Venue: Sampurna, Sector-9, Rohini

Sampurna keeps associate members meeting every month as its monthly feature. The following agenda was discussed:

- Last financial year 2023-24
- Immediate balance sheet from the Rupesh Jain (C.A)
- Binding of last year annual report with colored photograph.
- Launching of new counseling and Bag Center at 14, School Lane, Bengali market, New Delhi.
- Ram Katha at Balaji Mandir, Prashant Vihar.
- Any other agenda with the permission of the Chair.

Today, Dr. Shobha Vijender chaired the associate meeting. The working president Smt. Asha Jain's Husband Sh. Ashok Jain is not well these days, therefore, she could not come for the meeting. Dr. Shobha Vijender said that the past year was full of energies.

Sampurna is progressing well with the sincere Executive and Associate member team. Now, in the first month of the financial year #Sampurna has to ensure the last year balance sheet and annual report in fine tune. Secondly, the members and staff should understand that they have to give their best performance despite the resources crunch.

The new counseling and bag center is going to be started from 11th April, 2024 when Sampurna is going to do grand event. Dr. Mallika Nadda, the Chairperson and Bansuri Swaraj, Senior Advocate are coming as a distinguished Guest. Around 50 people from all walks of life are invited for the event. Nidhi Goel the Executive member to be the coordinator of the entire event. Similarly, big event of 300 people is also planned on 16th April, 2024 Ashthmi at Balaji Temple, Prashant Vihar. All the members are requested to share the responsibilities of their own. Many members volunteer accepted the request.

Chitra Aggarwal was designated as the convenor of 16th April, 2024 program. In the end, tea and Pakoras was served.

11th April, 2024

Topic: Sampurna Inaugurates Counseling and Bag Center for Victims of Violence

Venue: Sampurna, 14, School Lane, Bengali Market, New Delhi

Today, Sampurna took a significant stride towards addressing the needs of victims of violence and atrocities by inaugurating a counseling center at 14, School Lane, Bengali Market, New Delhi. This service center aims to provide support to individuals affected by violence in today's society by connecting them with support and rehabilitation services. Present at the event were Mrs. Mallika Nadda from Special Olympics India, Bansuri Swaraj, Senior Advocate, Amit Goel from Pioneer Group, Namita Gautam from Sleepwell Group, Rubina Mittal, Dr. Ekta Chaddha, Sanjay Poddar, Piyush Angrish, Charu Wali Khanna, Neha Garg (Flo), Yogita Bayana (Pari Foundation), Corporation Councilor Smita Kaushik, former Corporation Councilor Chitra Aggarwal, and Nirmala Chahal.

The inaugural program was divided into two parts. Dr. Shobha Vijender, in her speech, highlighted that this counseling center will present an integrated model for victims of violence and atrocities, offering supportive and rehabilitative services. It's noteworthy that Sampurna has been serving in Delhi for more than three decades. Sampurna is engaged in various skills training programs like bag making, mask making, tailoring, and women empowerment, providing sustainable livelihood options to these women. Mallika Nadda also extended her best wishes and emphasized the commendable efforts of Sampurna, stating that through women's leadership, significant changes can be brought in cities like Delhi. Dr. Shobha Vijender stated that, on one hand, by converting used clothes into bags worn by deities across Delhi, she aims to save the environment from pollution, and on the other hand, by promoting cloth bags, she intends to reduce the usage of plastic bags. The initiative received collective support from all present.

Representing her organization, Yogita Bayana outlined measures to facilitate the integration of oppressed women into society by providing

employment opportunities. She emphasized the importance of skill development and self-confidence in fostering vibrant social development. In the end, Nidhi Goyal expressed gratitude to all the participants for their support and dedication. She expressed optimism about the positive impact of the newly established center on the lives of violence victims, stressing the importance of collective efforts in creating a socially safe and inclusive society.







13th April, 2024

Topic: Annual General Meeting for the year 2024-25

Venue: Sampurna, Sector-9, Rohini

Today, an Annual General Meeting Was held for the financial year 2024-25 at the premises of #Sampurna at 11:00 AM. The members were required to join the meeting between 11:00 AM to 11:30 AM. When two-thirds of the members arrived and the quorum was completed, Dr. Shobha Vijender started the meeting.

Dr. Shobha Vijender first thanked the Executive body for their unwavering efforts in the financial year 2023-24. Last year was full of activities, with micro and macro level activities reaching their peak. The organization is making a mark within society with its amazing projects. #Sampurna has acquired new premises at 14, school lane, Bengali Market, New Delhi, thanks to one of the Members of #Sampurna. The book “Broken Brides: Domestic Violence in India”, based on data from FCC Sampurna, was launched by the eminent leader, Sh. Nitin Gadkari at IGNCA, New Delhi. Dr. Shobha Vijender then announced the procedure for the election to begin.

Chitra Aggarwal and Tanvi Grover, the General Secretaries, raised their hands to propose continuing team. Asha Jain the working president, and Smita Kaushik, the Executive member, raised their hands in consensus to support the team.

The entire team, consisting of two-thirds of the members, clapped to show their solidarity. Dr. Shobha Vijender announced the re-election of the team for the upcoming year 2024-25. The members voiced their approval and showed their consent by clapping. The following key posts were announced:

Working president: Smt. Asha Jain

General Secretaries: Tanvi Grover & Chitra Aggarwal

Treasurer: Nirmala Chahal

The working president, general secretaries, and treasurer are requested to further announce their teams within a week.

Asha Jain requested everyone to renew associate membership for the financial year 2024-25

16th April, 2024

Topic: Sampurna organized Kirtan at Balaji Mandir

Venue Balaji Mandir, Prashant Vihar, Rohini

Today, Sampurna organized kirtan at Balaji Mandir. As the name suggests Sampurna works for the overall development of the society and the spiritual growth of an individual which is an important aspect of one's personality. Sampurna therefore organizes such spiritual functions time to time. During the Navratra festival, Sampurna keeps the kirtan. It was really a successful program as devotees from the surrounding areas also joined the kirtan. The program was conducted by Vimla ji and her team.

Vimla ji sang the Sunderkand and explained the meaning in an impressive manner.



Glimpses of Sunderkand at Balaji Mandir

25th April, 2024

Topic : #5pointsevenenvironmentfriendlyagenda

Venue: Hill Apartment, Sector-13, Rohini

Today on 25th April, 2024, a huge Sampurna Haat was organized by Sampurna at Hill Apartment, Sector-13, Rohini. The residents of Hill Apartment and its surrounding societies participated enthusiastically in it. A large number of women exhibited and sold their self-made products. Sampurna Founder President, Dr. Shobha Vijender said that Sampurna always promotes housewives, small entrepreneurs and needy women. Different types of stalls were set up by women like pickles, murabbas, cloth bags, carpets, sarees, suits, papads, different types of kanji, spices, paintings, art and craft, books, Ayurvedic products etc. Sampurna has been working in Delhi for more than three decades. Sampurna is running various skills like bag making, mask making, tailoring and women empowerment which provides sustainable livelihood options to these women. Dr. Shobha Vijender said that on one hand she will save the environment from getting polluted by converting the clothes of God worn all over Delhi into bags, and on the other hand she will also boycott plastic bags by making cloth bags.

In this program, awareness was provided by Dr. Shobha Vijender on the campaign #5pointsevenenvironmentfriendlyagenda being run by her. In which he gave information on solar energy, use of cloth bags, making organic fertilizer, Rain Water Harvesting and Segregation of Garbage. The stalls of Sampurna Haat attracted the attention of all the attendees.



सम्पूर्णा हाट का आयोजन
स्थान: हिल अपार्टमेंट, सेक्टर-13, रोहिणी
दिनांक: 25 अप्रैल, 2024
समय: दोपहर 12 बजे से 2 बजे तक
मुख्य आकर्षण: #5 points
Environment Friendly Agenda
मुख्य अतिथि: डॉ. शोभा विजेन्द्र,
संस्थापिका, सम्पूर्णा
आप सभी सादर आमंत्रित हैं 🙏
सम्पर्क सूत्र: चित्रा अग्रवाल - 8376967376
सोनिया बंसल, इंदु शर्मा



Sampurna Haat at Hill Apartment, Sector-13, Rohini

25th April, 2024

Sampurna Organizes Workshop on Haircut by VLCC for Beautician Course Students

Venue : Sampurna, Sector 9

Today, the team of VLCC, conducted a workshop on haircut for the students of beautician course. It is to be noted that Sampurna runs Basic Cosmetology and Cosmetology course affiliated to units\trades of Government ITIs with National Council for Vocational Education and Training (NCVT) Government of India. Sampurna therefore conducts regular workshops training programs every now and then.

It was a joint venture by Sampurna and VLCC to teach the beneficiaries to different haircut in today's time. Beneficiaries were super excited to learn the latest haircut being taught by the trainers.



Dr. Shobha Vijender, founder president grace the workshop

2nd May, 2024

#Sampurna Haat

Topic- Family Counseling and Supportive Services.

Venue- Divya Jyoti Apartment, Sector-18, Rohini

Today Sampurna organized Mahila Haat in Divya Jyoti Apartment under the leadership of Dr. Shobha Vijender. Divya Jyoti is the big apartment and the residents always take part in the activities of Sampurna. It was a grand show. Women in large number to participate in the workshop. The workshop is on the subject on family Counseling and Supportive Services. As we all know that now a day's family disputes are the major concern for the society. Divorce rate are increasing and every family is facing depression cases in their home. Sampurna is working for women in distress at home or otherwise. The counseling center of Sampurna is very famous in Delhi NCR. Everyday a large number of women come to Sampurna for resolving their conflicts. According to the Founder President of Dr. Shobha Vijender, Sampurna is trying to reach the people with family counseling and supportive services so that a poor woman is able to survive a respectable life. The Shivani from DLSA, Archana Bansal, Psychologist, they also came and deliver their speech. Women to immense interest in hearing the speakers and after the workshop some of the social worker were awarded with trophies.

3rd May, 2024

Makeup class by Jancy Dua in Sampurna

Mrs. Jancy Dua conducted a makeup class at Sampurna today. She taught the students about party, day, and night makeup. She also provided practice in bridal makeup, including techniques for creating smoky and glittery eye looks. Additionally, she gave a detailed overview of the

products used and how to apply them. The students were eager and happy to learn these additional skills for their personal development. Anushree thanked Jancy Dua for her time.

Before



After





Advance Make Up Class provided to ITI trainees

9th May, 2024

Topic: Speech Competition "Why Should I Vote?"

Venue: Naveentam Apartment, Sector -9

Today, May 9, 2024, Sampurna organized the "Why Should I Vote?" speech competition at Naveentam Apartment, Sector 9, Rohini. The event saw enthusiastic participation from a large audience, with over 200 people in attendance.

A total of 24 participants took part in the competition, including 19 women. Each participant passionately conveyed the importance of voting through their speeches, with some addressing the adverse effects of not voting. The consensus among all speakers was that a single vote can propel India toward progress and development.

One speaker drew parallels with the United States, highlighting how women in America gained the right to vote in the early 20th century, emphasizing the strength of democracy. They particularly appealed to the youth, stressing their crucial role in shaping the nation's future through their votes.

The panel of judges, which included Dr. Neetu Goswami from the State Joint Family Education, National Women's Organization; Mrs. Babita, Social Worker; and Mrs. Rashmi Goyala, National Chairperson of the India Development Council, announced the winners in the first, second, and third categories.

In her closing remarks, Dr. Shobha Vijender, the founder of Sampurna, emphasized the primary objective of the speech competition: to reach as many voters as possible and encourage them to cast their votes in the upcoming elections on May 25. She urged the assembled group to awaken, inspire, and engage, stressing that their collective voice is paramount.







सम्पूर्णा हाट



(महिला समूह द्वारा स्वयं निर्मित वस्तुओं की प्रदर्शनी)

स्थान: नवीनतम अपार्टमेंट, सेक्टर-9, रोहिणी

दिनांक: 09 मई, 2024

समय : दोपहर 12 बजे से 2 बजे तक

#भाषण प्रतियोगिता

विषय : मैं वोट क्यों दूँ ?

पुरस्कार वितरण : प्रथम तीन प्रतियोगी

मुख्य अतिथि: डॉ.शोभा विजेन्द्र

(सम्पूर्णा संस्थापिका)

आप सभी सादर आमंत्रित हैं ।

कृपया अधिक संख्या में रजिस्ट्रेशन करें।

सम्पर्क सूत्र : तन्वी ग़ोवर - 9999863623,

चित्रा अग्रवाल-8376967376



Glimpses of Sampurna Haat at Naveentam Apartment

11th May, 2024

Associate Members Meeting at Sampurna

Today, Dr. Shobha Vijender chaired the associate members meeting as the Chairman. She began by thanking the members for their active participation in the Sampurna Haat events held every Thursday. Dr. Vijender acknowledged that past programs have been successful and requested that members maintain the same enthusiasm for the upcoming Sampurna Haat events on May 16 in Janyug Apartment, May 23 in Krishi Apartment, and May 30 in Attam Vallabh Apartment.

During the meeting, members suggested the following topics for debate:

- Reservation based on religion
- The state of women's identity in Delhi
- Responsibility for heat waves in Delhi

Kiran, the cutting and tailoring teacher, reported that due to the extreme heat, the number of women and children registering for the Bal Sanskar Shivar has been low. Members suggested that decisions regarding the Mahila and Bal Sanskar Shivar should be made by the program convener. The meeting concluded with refreshments served to the members.

16th May, 2024

धर्म आधारित आरक्षण कदापि स्वीकार नहीं सम्पूर्णा द्वारा आयोजित भाषण प्रतियोगिता में किया उद्घोष यह संविधान के खिलाफ साजिश

आज 16 मई, 2024 को सम्पूर्णा द्वारा जनयुग अपार्टमेंट, सेक्टर-14 रोहिणी में धर्म पर आधारित आरक्षण: उचित या अनुचित भाषण प्रतियोगिता का आयोजन किया गया। इस कार्यक्रम में लगभग 200 से अधिक महिलाओं पुरुषों व बच्चों ने चढ़कर हिस्सा लिया। सभी इस विषय को लेकर उत्साहित थे।

इस भाषण प्रतियोगिता में 14 प्रतिभागियों ने भाग लिया जिसमें से 9 महिलाएं थीं। सभी प्रतिभागियों ने अपने विचारों के माध्यम से लोगों को संविधान की महत्वता के बारे में बताया गया। कुछ वक्ताओं ने धर्म में आरक्षण के दुष्परिणामों का जिक्र भी किया। सभी का यह मानना था कि किसी भी पार्टी के नेता द्वारा यह सोचना भी हम को विकसित भारत की ओर अग्रसर होने में गतिरोध है। एक वक्ता द्वारा उदाहरण देते हुए यह बताया गया कि इस वोट बैंक की राजनीति से देश गड्ढे में गिर जाएगा। तुष्टीकरण की राजनीति में कुछ लोग हिन्दूओं की बलि देने को आतुर है। हमारा लोकतंत्र सर्वोत्तम है। लेकिन विपक्षी दल इसे भी बदलना चाहते हैं। प्रतिभागियों ने अपने भाषणों में विशेषतः युवाओं से अपील की कि वह अपने मत का प्रयोग अवश्य करें और राष्ट्र भक्तों को वोट दें।

कार्यक्रम के निर्णायक मंडल को 3 पुरस्कार चुनने में कड़ा संघर्ष करना पड़ा। निर्णायक मंडल द्वारा प्रथम पुरस्कार आयुष महेंद्र, द्वितीय पुरस्कार सतीश अग्रवाल एवं तृतीय श्रेणी पुरस्कार यशिका घोषित किए गए।

अंत में डॉ. शोभा विजेन्द्र ने कहा कि हमारा उद्देश्य इस भाषण प्रतियोगिता के पीछे ज़्यादा से ज़्यादा मतदाताओं को जागरूक करना है। उन्होंने उपस्थित समूह से कहा कि हम जागे, जगाएं, और जुड़ें - यही हमारी आवाज है।



Glimpses of Sampurna Haat at Janyug Apartment, Sector-14, Rohini

23rd May, 2024

Topic - Women identity is in tatters in Delhi

Venue: #Sampurna Haat in Krishi Apartment

Today, Sampurna conducted Sampurna Haat in Krishi Apartment. It is to be noted that Sampurna runs Sampurna Haat on weekly basis. The small time women entrepreneurs are participating in large number in Sampurna Haat. Sampurna also presents its bags, mobile phone covers etc in the Haat. Secondly, speech competition is being run on regular basis. Today, the topic of the competition was Women identity is in tatters in Delhi. Women were really aggressive in their speech. They were saying that at one side, women are touching the skies in their career and on the other side, they are not safe outside their homes. It is a paradoxical situation. We need to answer this. Every day we are hearing the news that women are constantly harassed in their working spaces. The internal complaint committee is many times nothing but eye wash. The judges narrated in last that all the participants were exceptionally good and it was very difficult for them to award the first prizes



सम्पूर्णा हाट



(महिला समूह द्वारा स्वयं निर्मित वस्तुओं की प्रदर्शनी)

स्थान: कृषि अपार्टमेंट, सेक्टर-13, रोहिणी

दिनांक: 23 मई, 2024

समय : दोपहर 12 बजे से 2 बजे तक

#भाषण प्रतियोगिता

**विषय : "आज दिल्ली में महिला की
अस्मिता तार तार, जिम्मेदार कोन ?"**

पुरस्कार वितरण : प्रथम तीन प्रतियोगी

मुख्य अतिथि: डॉ.शोभा विजेन्द्र

(सम्पूर्णा संस्थापिका)

आप सभी सादर आमंत्रित हैं ।

कृपया अधिक संख्या में रजिस्ट्रेशन करें।

सम्पर्क सूत्र : तन्वी ग़ोवर - 9999863623,

चित्रा अग्रवाल-8376967376



Sampurna Haat at Krishi Apartment, Sector-13, Rohini

30th May, 2024

Topic - Women identity is in tatters in Delhi

Venue: #Sampurna Haat in Attam Vallabh Apartment

The Sampurna Haat was organized at Attam Vallabh Apartment. The president of Attam Vallabh Apartment, Shri Sanjeev Jain, welcomed the members of Sampurna Haat with flowers. The women showed great enthusiasm for participating in the program, which Sampurna recognizes as being of significant interest to them.

Today's debate topic was "Who is responsible for the increasing heat waves in Delhi?" It is important to note that Delhi is currently experiencing severe heat waves, with temperatures exceeding fifty-five degrees Celsius in some areas. The conditions for residents have become miserable. Many speakers highlighted issues such as the disappearance or encroachment of water bodies in Delhi and criticized the current AAP party government for its failure to control pollution. Representatives from the Department of Environment reported that more than seventy percent of the saplings planted in Delhi have dried up. The debate was thought-provoking, and the winners were announced at the end.

6th June, 2024

Topic: Let's move forward towards Ram Rajya

#Sampurna Haat in Shakti Apartment, Sector-9, Rohini

Today, Sampurna organized Sampurna Haat at Shakti Apartment. The residents of Shakti Apartment welcomed the team Sampurna. The community center of Shakti Apartment was well decorated. The topic of the debate was – let's move forward towards Ram Rajya. After the debate of BJP in the event general election. The defeat in U.P Ayodhya is really disturbing. Everybody is disturbed if you consider it this way that how Ram used continuously permilized by resident of Ayodhya in Ram Rajya this way, Ram bhakt, Modi ji used permelized as the party had to be face defeat in the hands of Samajvadi party. A party where was never in favor of Ram Mandir rebuilding Kothari brother was killed when Mulayam Singh, The then C.M ordered to kill Ram bhakt program was wonderful.





Glimpses of Sampurna Haat at Shakti Apartment, Sector-9, Rohini

11th June, 2024

Delhi Police Organizes Workshop on Women Safety
Women Safety is the Backbone to a Progressive Nation.

Venue: Sampurna Rohini

Today, Sampurna organized a workshop in association with Delhi Police on women safety. The workshop was held at the premises of Sampurna, located in Sector-9, Rohini, and witnessed active participation from local residents, beneficiaries, community leaders, and various stakeholders dedicated to creating a safer environment for women.

The workshop, which commenced at 10:30 AM, was inaugurated by S.I Omsheela Hooda, Delhi Police and Dr. Shobha Vijender, founder president of Sampurna. The police officer in her one hour deliberations told the participants the role of police in ensuring safety to all segment of society. She told the participants that the procedure of registering a FIR has now become easy. Women who are in distress situation can come and register their complaint at any point of time. Dr. Shobha Vijender in her speech told the participants about safety measures, legal rights, and the resources available to them in case of any emergency. Smt. Chitra Aggarwal, the Gen. Secretary and former councilor from Rohini told them about the self-defense training, legal awareness and about the existing counseling centre in Sampurna.

During the interactive Q&A Session, Participants had the opportunity to engage in an open dialogue with police officials, discussing their concerns and suggestions for improving women's safety in the area.

In the end Smt. Asha Jain the working president in her thanks giving note said that such initiatives by the Delhi Police are crucial in building confidence among women and ensuring their safety.





Sheela Hooda ASI Delhi Police, Dr. Shobha Vijender, Asha Jain, and beneficiaries, after attending the workshop.

13th June, 2024

**Topic - Why are we not safe even at our pilgrimage sites?
Venue: #Sampurna Haat in Sai Baba Apartment**

Today, Sampurna organized Sampurna Haat, its weekly feature, in Sai Baba Apartment, Rohini, Sector-9, It was a well-organized program. The management of Sai Baba Apartment played active role in organizing the function. Sampurna believes that working with people is the most crucial agenda for any social welfare organization. Sampurna always takes leads and therefore the weekly outreach programs become successful. Women

were very excited to talk in the debate. The topic of today's debate is why the pilgrimage of Hindus are not safe? Not only women but many men also participated. The participants were asking some policy for Hindus so that they can go to any pilgrimage without any fear. The latest killing of Hindus by militants near Katra in Jammu and Kashmir is really thought provoking. We should condemn this. This cannot be tolerated. Our government should take pro activist steps to mitigate the sufferings of Hindus in their own country. The judges while announcing the results told the gathering that we should be vocal about such issues. They appreciated the fact that each participant in Sampurna was quiet alert and well informed. The winners were awarded trophies.



सम्पूर्णा हाट



(महिला समूह द्वारा स्वयं निर्मित वस्तुओं की प्रदर्शनी)

स्थान: साई बाबा अपार्टमेंट, सेक्टर-9, रोहिणी

दिनांक: 13 जून, 2024

समय : दोपहर 12 बजे से 2 बजे तक

#भाषण प्रतियोगिता

**विषय : "हम अपने तीर्थ स्थलों पर भी
सुरक्षित क्यों नहीं ?"**

पुरस्कार वितरण : प्रथम तीन प्रतियोगी

मुख्य अतिथि: डॉ.शोभा विजेन्द्र

(सम्पूर्णा संस्थापिका)

आप सभी सादर आमंत्रित हैं ।

कृपया अधिक संख्या में रजिस्ट्रेशन करें।

सम्पर्क सूत्र : तन्वी ग़ोवर - 9999863623,

चित्रा अग्रवाल-8376967376



24th June, 2024

Meeting with MP of Nepal, Shri Shankar Bhandari

Sampurna had a courtesy meeting with the Member of Parliament, Nepal at 14, School Lane, Bengali Market, Shri Shankar Bhandari is a Nepalese politician, belonging to the Nepali Congress. He is currently serving as a member of the 2nd Federal Parliament of Nepal. It is to be noted that Sampurna is actively working for the safety of minority in Bangladesh and Pakistan. The volunteers of Sampurna are protesting and writing continuously to the concerned authorities about the worrisome conditions of Hindus, Sikhs and Christians. In this chain of event, Dr. Shobha Vijender the founder president of Sampurna has taken the initiative to invite Shri Shankar Bhandari and his team to discuss the matter concerning Hindus in Nepal and other neighboring countries. Shri Shankar Bhandari shared his experience. It was a cordial discuss. Tea and snacks were served at last.

25th June, 2024

नवनिर्वाचित सांसद सदस्यों का सम्मान समारोह एवं 'मंगल मिलन'

कार्यक्रम का स्थान : कंस्टीटूशन क्लब ऑफ़ इंडिया

सम्पूर्णा द्वारा 25 जून, 2024 को कंस्टीटूशन क्लब, दिल्ली में नवनिर्वाचित सांसद सदस्यों के सम्मान में 'मंगल मिलन' समारोह का आयोजन किया गया। इस कार्यक्रम का मुख्य उद्देश्य भारत के 2047 के विकसित भारत संकल्प को चुने हुए सांसदों और गैर-सरकारी संगठनों के बीच सहयोग को प्रोत्साहित करना था।

कार्यक्रम में माननीय श्री एस पी बघेल, श्री शंकर लालवानी, और श्री बृजमोहन अग्रवाल ने मुख्य रूप से शिरकत की। इन्हें स्मृति चिह्न के रूप में 'मोदी 2.0' पुस्तक और सुंदर ब्रोच भेंट कर सम्मानित किया गया।

प्रमुख हस्तियों, जैसे श्रीमती मल्लिका नड्डा, योगेन्द्र चंदोलिया, कमलजीत सहरावत, बांसुरी स्वराज, लवली आनंद, मितेशभाई पटेल, पी सी सारंगी, चंदुभाई शिहोरा, भरतभाई सुतारिया, मुकेश कुमार दलाल, अजय भाई, सुधांशु त्रिवेदी, उषा गुप्ता, आदेश गुप्ता, मनजिंदर सिंह सिरसा, और विधायक विजेन्द्र गुप्ता ने भी इस अवसर की शोभा बढ़ाई।

डॉ. शोभा विजेन्द्र की अध्यक्षता में आयोजित इस समारोह में दिल्ली, राजस्थान, गुजरात, झारखंड, छत्तीसगढ़, मध्य प्रदेश, उत्तर प्रदेश, और उड़ीसा के सांसदों ने भाग लिया। उन्होंने संसद के बाहर भी 'भारत की एकता और प्रभुता' का संदेश दिया।

कार्यक्रम में सुरमयी गीतों का आयोजन किया गया, जिसमें सांसदों ने भी बढ़-चढ़कर हिस्सा लिया। राज्यसभा सदस्य श्री नरेश बंसल और उड़ीसा के सांसद श्री रविंद्र नारायण बेहेरा ने अपनी धर्मपत्नी के साथ गीत प्रस्तुत कर सभी को मंत्रमुग्ध कर दिया।

डॉ. शोभा विजेन्द्र ने अपने संबोधन में कहा कि कंस्टीटूशन क्लब में यह कार्यक्रम 'मिनी इंडिया' का प्रतीक बन गया है। उन्होंने प्रधानमंत्री नरेंद्र मोदी की हैटट्रिक का जश्न मनाने और 'विकसित भारत 2047' के सपने को साकार करने की प्रतिबद्धता दोहराई।

कार्यक्रम शाम 4:30 बजे शुरू होकर रात 10 बजे तक चला। इसके समापन पर स्वरुचि भोजन का आयोजन किया गया, जिसका सभी ने आनंद लिया। यह आयोजन भारत की एकता, सहयोग और प्रगति की दिशा में एक प्रेरणादायक पहल के रूप में सफलतापूर्वक संपन्न हुआ।



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Shot on OnePlus
Powered by Triple Camera



नवनिर्वाचित सांसद सदस्यों का सम्मान एवं 'मंगल मिलन' समारोह

4th July, 2024

Topic- Keeping mother happy, Is Someone Responsibility?

Venue: #Sampurna Haat in New Saraswati Apartment, Sector-9, Rohini

Today, a "Mahila Haat" was organized at New Saraswati Apartment under the leadership of Dr. Shobha Vijender. The topic of the Haat was "Who is Responsible for Making a Mother Happy?" The event saw enthusiastic participation from women who recognized the importance of the topic, and each participant shared her views beautifully.

In her address, Dr. Shobha Vijender emphasized that it is not solely the child's responsibility to make a mother happy; rather, it is the duty of all family members. She also noted that those who respect their mother tend to respect their wife as well. The items displayed at the stalls were so attractively presented that they drew everyone's attention, leading to many purchases. The event concluded with tea and samosas being served to all.





सम्पूर्णा हाट



(महिला समूह द्वारा स्वयं निर्मित वस्तुओं की प्रदर्शनी)

स्थान: न्यू सरस्वती, सेक्टर-9, रोहिणी

दिनांक: 04 जुलाई, 2024

समय : दोपहर 12 बजे से 2 बजे तक

#भाषण प्रतियोगिता

**विषय : माँ को खुश रखना, किसकी
ज़िम्मेदारी ?**

पुरस्कार वितरण : प्रथम तीन प्रतियोगी

मुख्य अतिथि: डॉ.शोभा विजेन्द्र

(सम्पूर्णा संस्थापिका)

आप सभी सादर आमंत्रित हैं ।

कृपया अधिक संख्या में रजिस्ट्रेशन करें।

सम्पर्क सूत्र : तन्वी ग़ोवर - 9999863623,

चित्रा अग्रवाल-8376967376



Sampurna Apartment at New Saraswati Apartment, Sector-9, Rohini

6th July, 2024

Sampurna Organized a Cervical and Mouth Cancer Detection Camp

Venue: Veer Apartment, Sector-13, Rohini

Sampurna organized a **Cervical and Mouth Cancer Detection Camp** on July 6, 2024, at **Veer Apartment, Sector-13, 11:00 AM**. This initiative aims to promote early detection and prevention of cancer and other health issues within the community.

A dedicated team of 3–4 experienced doctors from the **Rajiv Gandhi Cancer Institute, Rohini**, conducting the following tests during the camp:

- **Pap Smear Test:** To screen for cervical cancer.
- **Physical Examination:** A general check-up to assess overall health.
- **Breast Examination:** To identify any early signs of breast abnormalities.
- **Oral Cancer Screening:** To detect potential signs of mouth cancer.
- **Blood Pressure and Sugar Level Check:** To monitor cardiovascular and diabetic health.

This camp is part of Sampurna's ongoing efforts to raise awareness about health issues and provide accessible healthcare services to the community. Residents were encouraged to take advantage of this opportunity for timely health check-ups and consultations.

11th July, 2024

Topic- Has it become a crime to be Hindu in India? From Parliament to Ludhiana, the unfortunate plight of Hindus, who is responsible?

Venue: #Sampurna Haat in Overseas Apartment, Sector-9, Rohini

Sampurna organized a Mahila Haat today, in Overseas Apartment, Sector-9, Rohini. Sampurna always keeps a contemporary subject for discussion. The Hindus are constantly harassed even in India therefore the team of Sampurna threw the topic “Has it become a crime to be Hindu in India? From

Parliament to Ludhiana, the unfortunate plight of Hindus, who is responsible?” it turned out to be a very important discussion for everyone. Women who came from different societies were participating with full zeal.

The judges—Shobhna Saxena, an art instructor, Sapna Chauhan, owner of Dancing Star Studio, and Anu Aggarwal, a singer found it challenging to decide on the top three positions due to the high level of talent. Mr. Singla, the President of Rang Rasayan, supported the event in a very graceful manner.

A special moment during the event was when Madhu Khandelwal, a resident of the same apartment, was honored by Sampurna. Dr. Shobha Vijender, in her short speech, spoke about the importance of folk dance and music, adding depth to the gathering.

Sampurna also organized a Mehndi session, where many women and girls eagerly had henna applied to their palms, adding color to the festivities. The beautiful stalls set up for the event further enhanced the celebratory atmosphere.

The event concluded with Chitra Aggarwal expressing heartfelt thanks to everyone present at Mahila Haat, bringing the successful event to a close.

Today, Sampurna organized Mahila Haat at Overseas Apartment, Sector-9, Rohini, featuring a contemporary and thought-provoking discussion on the topic: “Has it become a crime to be Hindu in India? From Parliament to Ludhiana, the unfortunate plight of Hindus—who is responsible?” The discussion drew enthusiastic participation from women representing various societies, making it a significant and impactful conversation. The event also showcased exceptional talent, judged by a panel comprising Shobhna Saxena, an art instructor; Sapna Chauhan, owner of Dancing Star Studio; and Anu Aggarwal, a singer. The high level of talent made it challenging for the judges to select the top three performers. A special highlight was the felicitation of Madhu Khandelwal, a resident of the host apartment, who was honored by Sampurna for her contributions. Dr. Shobha Vijender, Founder President of Sampurna, delivered a short yet impactful speech emphasizing the importance of folk dance and music in preserving cultural heritage. The event also featured a Mehndi session, where women and girls eagerly adorned their palms with beautiful henna

designs, adding to the festive atmosphere. Vibrant stalls further enhanced the celebratory mood, offering a variety of items to the attendees. The gracious support of Mr. Singla, President of Rang Rasayan, contributed significantly to the success of the event. The day concluded with Chitra Aggarwal expressing heartfelt thanks to all participants and supporters, bringing the successful Mahila Haat to a memorable close.



सम्पूर्णा हाट

(महिला समूह द्वारा स्वयं निर्मित वस्तुओं की प्रदर्शनी)
स्थान: ओवरसीज अपार्टमेन्ट, सेक्टर-9, रोहिणी
दिनांक: 11 जुलाई, 2024
समय : दोपहर 12 बजे से 2 बजे तक

#भाषण प्रतियोगिता

विषय : भारत में हिंदू होना क्या अपराध हो गया है ?
संसद से लुधियाना तक, हिंदुओं की दुर्दशा,
ज़िम्मेदार कौन ?

पुरस्कार वितरण : प्रथम तीन प्रतियोगी
मुख्य अतिथि: डॉ.शोभा विजेन्द्र
(सम्पूर्णा संस्थापिका)

आप सभी सादर आमंत्रित हैं ।
कृपया अधिक संख्या में रजिस्ट्रेशन करें।
सम्पर्क सूत्र : तन्वी ग़ोवर - 9999863623,
चित्रा अग्रवाल-8376967376





Glimpses of Sampurna Haat at Overseas Apartment, Sector-9, Rohini

13th July, 2024

Associate Members Meeting at Maharana Pratap Community Centre, Sector-9, Rohini

Today, the Associate Members of Sampurna gathered for an insightful and productive meeting at the Maharana Pratap Community Centre in Sector-9, Rohini. The session began with a warm welcome extended by Smt. Asha Jain, the Working President of Sampurna, to the Founder President, Dr. Shobha Vijender.

Smt. Asha Jain addressed the attendees, providing a concise overview of the organization's past programs. She highlighted the collective achievements of Sampurna and the positive impact of its initiatives, which continue to inspire and empower the community.

Dr. Shobha Vijender expressed her gratitude to the members for their consistent support and dedication. She shared exciting news about an upcoming event – a plantation drive scheduled from **16th to 18th July**, which will be organized in collaboration with the Rotary Club. Dr. Vijender emphasized the importance of environmental conservation and how this campaign aligns with Sampurna's mission to promote sustainable and meaningful community engagement.

The announcement was met with enthusiastic applause, with attendees commending the organization for its proactive approach to addressing environmental concerns. Members expressed their readiness to participate in the plantation drive, reaffirming their commitment to Sampurna's vision.

The meeting concluded on a cheerful note, with tea and snacks served to all participants, fostering a sense of camaraderie and unity among the members.

16th July, 2024

**Inauguration of Plantation Drive under the
campaign “#एक_पेड़_माँ_के_नाम”**

Encouraging citizens to plant a tree as a tribute to their mothers

Today, On 16 July, 2025 Sampurna, in association with the Rotary Club, organized the inauguration of a plantation drive under the Prime Minister of India, Shri Narendra Modi Ji's campaign “#एक_पेड़_माँ_के_नाम.”

The function took place at Sadhbhavna Park, Gautam Nagar, near Shivam Store, led by Sampurna volunteer Mrs. Poonam Gupta. The plantation drive was inaugurated by Ms. Bansuri Swaraj, Hon'ble Member of Parliament, New Delhi, who graced the program with her presence. The primary goal of this drive is to encourage citizens to plant a tree as a tribute to their mothers.

Dr. Shobha Vijender addressed the gathering, providing a brief overview of the drive organized by Sampurna. She highlighted Sampurna's tireless efforts on women's issues and environmental conservation. Dr. Vijender emphasized the importance of water conservation through planting trees, as they help control pollution.

Ms. Bansuri Swaraj requested everyone to support the campaign launched by Prime Minister Shri Narendra Modi Ji, describing “#एक_पेड़_माँ_के_नाम” as a great initiative for the community. She stressed the need for such programs in Delhi to make the city greener and reduce pollution. Ms. Swaraj commended Sampurna's leadership under Dr. Shobha Vijender and planted a Bottle Brush sapling herself. She asked everyone present there now to nurture the sapling till it grows into a big tree.

The program was graced by several dignitaries, including Rotary Club President Udai Piplani, Nidhi Goel, Alka Pahwa, Gitanjali Bhasin, and Dr. Kiran Aggarwal. Local residents and members of Sampurna were also in attendance. Participants planted various saplings, including Bottle Brush, Neem, Gulmohar, and Kachnar. Tea and snacks were served to all attendees.





Inauguration of Plantation Drive

17th July, 2024

Plantation Drive at Shiv Mandir, Pamposh Enclave, New Delhi

Sampurna in association the Rotary Club, organized a special event - Plantation Drive. The function was a tribute to our beloved mother and Mothers Nature. It was organized at 8:30 AM Shiv Mandir, Pamposh Enclave, New Delhi. The Coordinator of the program was Sanjay Poddar, President of RWA Pamposh Enclave. Firstly, they took Dr. Shobha Vjender to their club where she spoke about the plantation drive and later all the residents went to Shiv Mandir for plantation. Each member planted the Sapling in the name of their mother.





Glimpses of Plantation Drive at Pamposh Enclave

17th July, 2024

Plantation Drive in Tiranga Park, Sector-18, Rohini

Today with the area councilor, Smita Kaushik, Sampurna organized a massive plantation drive in Tiranga Park, Sector-18, Rohini where in large number of residents from Suraj Park were present their, even the management committee of the residents was also present there. It was beautiful program however the residents were worried about the care and protection of these trees as it was the DDA where even the residents do not visit.

प्रधानमंत्री मोदी जी के अभियान
एक पेड़ माँ के नाम
के अंतर्गत
सम्पूर्णा
द्वारा
वृक्षारोपण अभियान

दिनांक : 17 जुलाई, 2024
समय : प्रातः 10 बजे
स्थान : तिरंगा पार्क, सेक्टर-18, रोहिणी

मुख्य अतिथि :
डा. शोभा विजेन्द्र
सम्पूर्णा संस्थापिका

निवेदक : **RWA सूरज पार्क**

18th July, 2024

Plantation Drive in Sampurna Center, Sector-9, Rohini

Sampurna organized a significant plantation drive from July 16th to 18th, 2024, aiming to plant 11, 21, 31, 51, 101, 151, or 201 saplings of various species, including Kachnar, bottle brush, neem, guava, jamun, ashoka, sheesham, and gulmohar. This initiative was inspired by Prime Minister Modi's call to honor our mothers' selfless love by nurturing Mother Earth.

On July 18, 2024, at 10 AM, a special planting event took place at the Sampurna Rajapur Centre under the # campaign initiated by our beloved leader, Shri Narendra Modi ji. The event began with a speech competition attended by the area MLA, Shri Vijender Gupta, and the area councilor.

During the event, Shri Vijender Gupta and our founder president, Dr. Shobha Vijender, planted saplings in honor of their mothers. Following them, area councilor Parvesh Wahi also participated in the tree planting. This heartfelt initiative not only celebrated maternal love but also emphasized the importance of environmental stewardship.





Glimpses of Plantation Drive at Sampurna

18th July, 2024

#Sampurna Haat in Kewal Kunj, Sector-13, Rohini

Topic- Financial Frauds and Crimes.

Sampurna organized the Sampurna Haat today at Kewal Kunj Apartment. Despite the heavy rainfall on July 18th, a remarkable number of women participated, showcasing a variety of products. The atmosphere was vibrant, with participants eager to connect and share their crafts.

Today's discussion centered on the important topic of financial frauds and crimes. Attendees engaged in thoughtful conversations about awareness and prevention strategies, highlighting the need for vigilance in today's financial landscape.

We invite everyone to join us tomorrow, July 18th, at 12 noon at Kewal Kunj Apartment, Sector-13, Rohini, for further discussions and insights. This event promises to be informative and empowering as we continue to address crucial issues affecting our community.



18th July, 2024

सम्पूर्णा द्वारा आतम वल्लभ विहार सोसाइटी में वृक्षारोपण कार्यक्रम का आयोजन

आज 18 जुलाई, 2024 को सम्पूर्णा द्वारा आतम वल्लभ विहार सोसाइटी में एक विशेष वृक्षारोपण कार्यक्रम का आयोजन किया गया, जिसका नेतृत्व सम्पूर्णा संस्थापिका डॉ. शोभा विजेन्द्र ने किया। इस कार्यक्रम का उद्देश्य पर्यावरण संरक्षण और हरियाली को बढ़ावा देना था। डॉ. शोभा विजेन्द्र ने अपने संबोधन में इस बात पर जोर दिया कि वर्तमान में प्रचंड गर्मी और असामान्य मौसम की चुनौतियाँ प्रदूषित पर्यावरण का प्रत्यक्ष परिणाम हैं। उन्होंने कहा कि यह हम सभी की सामूहिक जिम्मेदारी है कि हम न केवल अपने आज को सुरक्षित करें, बल्कि आने वाली पीढ़ियों के लिए भी एक स्वच्छ और हरा-भरा भविष्य सुनिश्चित करें।

डॉ. शोभा विजेन्द्र ने अपने हाथों से वृक्ष लगाकर उपस्थित सभी को प्रेरित किया और आग्रह किया कि हर व्यक्ति अपने आसपास अधिक से अधिक पेड़ लगाए। उन्होंने यह भी कहा कि एक छोटा सा कदम, जैसे एक वृक्ष लगाना, प्रकृति के प्रति हमारे कर्तव्य का प्रतीक है। कार्यक्रम में बच्चों और वरिष्ठ नागरिकों ने उत्साहपूर्वक भाग लिया, जिससे यह आयोजन न केवल एक सामाजिक प्रयास बना, बल्कि सामुदायिक सहभागिता का एक प्रेरणादायक उदाहरण भी।

18th July, 2024

Plantation Drive in Hill Apartment, Sector-13, Rohini

Sampurna, under the visionary leadership of its Founder President, Dr. Shobha Vijender, organized a vibrant Plantation Drive in Hill Apartment, Sector-13, Rohini, aiming to foster environmental awareness and community participation. The event witnessed enthusiastic involvement from residents of all age groups, who came together to plant a diverse range of saplings, including medicinal herbs, fruit-bearing trees, and flowering plants. Dr. Shobha Vijender emphasized the importance of tree plantation in combating pollution and promoting ecological balance, urging participants to make it a lifelong commitment. The drive not only added a green touch to the apartment complex but also strengthened community bonds as residents pledged to nurture the saplings. This thoughtful initiative by Sampurna reflected its unwavering dedication to environmental sustainability and inspired others to take similar steps toward a greener future.

18th July, 2024

Plantation Drive in Guru Gobind Singh College of Commerce, Pitampura

Today, Sampurna organized a plantation drive with Guru Gobind Singh College of Commerce, Pitampura. The college Principal Shri JD Singh and the other management members were present. Firstly, an orientation program was organized on protection of environment. Small film was shown, depicting the work done by Sampurna. Later Dr. Shobha Vijender briefed the gathering about the rain water harvesting. Sardar Jagjit Singh Sabharwal, Ramavtar Nayar, Anand Singh, Renu Jha, Shivani Gautam, Tanvi Grover, Anju Jain and Bharat Arora were also present there.

18th July, 2024

Plantation Drive in Village Bakoli near Kaliyan Garden, Delhi

The plantation drive began with great enthusiasm and the spirited Udghosh, “Bharat Mata Ki Jai,” which set the tone for the event. Dr. Shobha Vijender, Founder President of Sampurna, addressed the gathering, emphasizing the importance of environmental conservation and water literacy. She highlighted that Sampurna has always been at the forefront of initiatives aimed at protecting nature and creating awareness about sustainable practices.

The event witnessed active participation from people across Delhi, who commended the efforts of Sampurna for organizing such a meaningful drive. The plantations were carried out meticulously, ensuring a diverse range of plants and trees were sown to contribute to the ecological balance of the region.

This drive is part of Sampurna’s broader commitment to expanding its green initiatives, which have been successfully implemented in various locations throughout Delhi. The organization aims to inspire communities to take collective responsibility for environmental preservation.

The day concluded with a strong sense of unity and accomplishment, as participants pledged to nurture the saplings and continue working towards a greener future.

23th July, 2024

Delegation of Sampurna met Shri CR Patel, Minister of Jal Shakti regarding Jal Mitra campaign. They briefed about the campaign.

Sampurna organized a megha event on 30th April, 2023 in Chart Lal Goel Heritage Park, Chandni Chowk.

25th July, 2024

#Sampurna Haat in E-Block, Community Center, Pocket-3, Sector-15, Rohini (Topic- Is this shaddi.com working? How to be careful)

Sampurna has raised important issues that are relevant to society at large. During interactions with the public, it has been observed that marriage bureaus sometimes play very negative roles in arranging marriages between two parties. These bureaus are meant to support both the bride and groom in finding suitable partners for marriage. However, it has been noted that they often charge exorbitant fees and, in many cases, create false stories about potential brides or grooms to justify these high charges.

As a result, Sampurna selected the topic "Are Marriage Agencies Engaging in Fraud, and How Can We Stay Safe?" for a debate. The event was attended by a large number of people, and the participants predominantly spoke in favor of the topic, arguing that marriage agencies are often involved in fraudulent activities.

The debate highlighted the need for greater regulation and transparency in the operations of marriage bureaus. It also underscored the importance of educating the public on how to identify trustworthy agencies and what legal steps they can take if they fall victim to fraud. This awareness is crucial for protecting individuals from exploitation by these agencies.



सम्पूर्णा हाट

(महिला समूह द्वारा स्वयं निर्मित वस्तुओं की प्रदर्शनी)
स्थान: **E-2 BLOCK**, कम्यूनिटी सेंटर, पॉकेट-3,
नियर तिकोना पार्क, सेक्टर-15, रोहिणी
दिनांक: **25 जुलाई, 2024**
समय : दोपहर **12 बजे से 2 बजे तक**
#भाषण प्रतियोगिता
विषय : **क्या ये SHADDI.COM ठग रहे है?**
कैसे हो सावधान?
पुरस्कार वितरण : प्रथम तीन प्रतियोगी
मुख्य अतिथि: डॉ.शोभा विजेन्द्र
(सम्पूर्णा संस्थापिका)
आप सभी सादर आमंत्रित हैं ।
कृपया अधिक संख्या में रजिस्ट्रेशन करें।
सम्पर्क सूत्र : तन्वी ग़ोवर - 9999863623,
चित्रा अग्रवाल-8376967376

01st August, 2024

#Sampurna Haat in Rang Rasayan Apartment (Topic-Lokgeet)

Sampurna organized a Lokgeet (Folk Song) competition at Rang Rasayan Apartments, which turned out to be a very exciting event, with a large number of women participating. Women from all parts of India sang their beautiful folk songs with powerful voices, competing for the awards. The competition was organized in anticipation of the upcoming Teej Festival, so the participants dressed in their finest attire.

The judges—Shobhna Saxena, an art instructor; Sapna Chauhan, the owner of Dancing Star Studio; and Anu Aggarwal, a Bhajan Yachak—found it challenging to decide on the top three positions due to the high level of talent. Mr. Singla, the President of Rang Rasayan, supported the event in a very graceful manner.

A special moment during the event was when Madhu Khandelwal, a

resident of the same apartment, was honored by Sampurna. Dr. Shobha Vijender, in her short speech, spoke about the importance of folk dance and music, adding depth to the gathering.

Sampurna also organized a Mehndi session, where many women and girls eagerly had henna applied to their palms, adding color to the festivities. The beautiful stalls set up for the event further enhanced the celebratory atmosphere.

The event concluded with Chitra Aggarwal expressing heartfelt thanks to everyone present at Mahila Haat, bringing the successful event to a close.



सम्पूर्णा हाट

(महिला समूह द्वारा स्वयं निर्मित वस्तुओं की प्रदर्शनी)
स्थान: रंगरसायन सोसाइटी सेक्टर **13** रोहिणी
दिनांक: **1** अगस्त, 2024
समय : दोपहर **12** बजे से **2** बजे तक

विषय : लोकगीत

पुरस्कार वितरण : प्रथम तीन प्रतियोगी
मुख्य अतिथि: डॉ.शोभा विजेन्द्र
(सम्पूर्णा संस्थापिका)
आप सभी सादर आमंत्रित हैं ।
कृपया अधिक संख्या में रजिस्ट्रेशन करें।
सम्पर्क सूत्र : तन्वी ग़ोवर - 9999863623,
चित्रा अग्रवाल-8376967376





7th August, 2024

Associate Members Meeting

Today, Dr. Shobha Vijender, Chairperson of Sampurna, presided over an associate member meeting held via Zoom. The meeting commenced with Dr. Vijender extending warm wishes to all members on the occasion of Teej, acknowledging the cultural significance of the festival.

Dr. Vijender then provided a succinct overview of the forthcoming initiatives of Sampurna, highlighting the organization's commitment to community engagement and empowerment. Among the key projects discussed was the Rakhi project, scheduled to commence tomorrow. A dedicated three-member committee, comprising Pratiksha, Anushree, and Samar, has been formed to oversee this project.

Further, Dr. Vijender announced a strategic collaboration with Geetajali Salon, which will support Sampurna by offering complimentary stalls for the display of Rakhi items. This partnership is expected to enhance the visibility and reach of Sampurna's efforts.

Additionally, Dr. Vijender emphasized the anticipated impact of the upcoming skills project, which aims to further Sampurna's mission of fostering skill development and self-reliance within the community.

The meeting concluded on a celebratory note, with members sharing beautiful Teej songs to honor the festival. In her closing remarks, Dr. Shobha Vijender, on behalf of Sampurna, expressed her sincere gratitude to all members for their active participation and ongoing support.

1:44

Vol
LTE 4G



Neelam's iPhone



Pankaj Gupta



Sampurna NGO



Manisha Bhatia



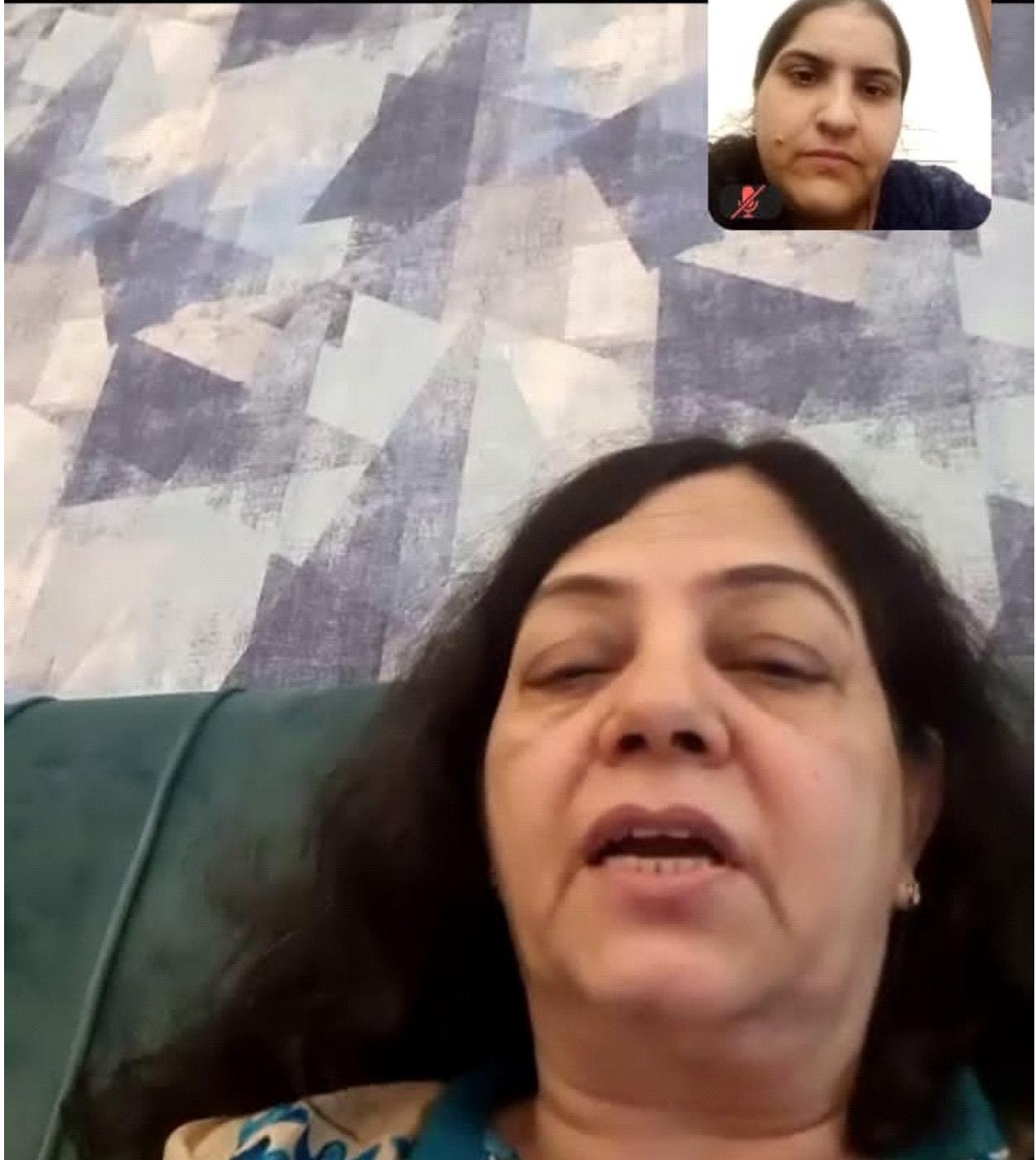
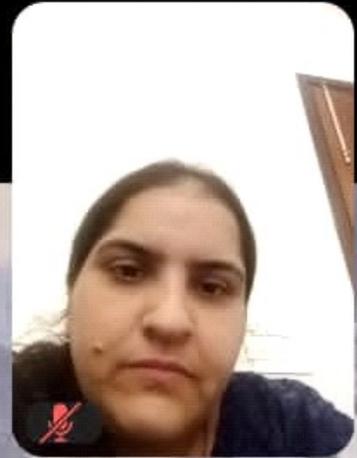
1:44

VoLTE 4G



Zoom

End



8th August, 2024

#Sampurna Haat in School Lane, Bengali Market (Topic-Discussion on Water Literacy)

Today, Sampurna held an important discussion on water literacy at Sampurna Haat, located at 14 School Lane, Bengali Market, New Delhi. Sampurna has a weekly outreach program where they engage with the community to discuss topics beneficial to society. This week's agenda focused on raising awareness about water literacy within the community. The participants included current Jal Mitras (Water Friends) of Sampurna and potential Jal Mitras. The program was hosted by Nidhi Goel, an Executive Member of Sampurna.

During the discussion, all attendees actively participated. The women shared their experiences, explaining how, as Jal Mitras, they have learned the importance of saving water. They use practical methods such as reusing RO (Reverse Osmosis) wastewater for watering plants or washing utensils.

Renu, a Jal Mitra who also teaches computers at Sampurna, shared her proactive approach to water conservation. She has one daughter, and she teaches her the importance of taking only the necessary amount of drinking water from the bottle. Renu emphasized that saving water is a deeply rooted value (Sanskar) in Hindu culture, and she always teaches her daughter to conserve water.

Deepak Parvatiyar, an expert and member of the World Water Commission, suggested that Sampurna should engage with policymakers to share the recommendations from today's discussion. He advocated for making rainwater harvesting mandatory, based on the average rainfall in the city. He provided data showing that Chandrawal in Delhi receives the maximum rainfall, while other seemingly green areas experience scarce rainfall.

Ritu Vohra and Atul Jain from JWIL were also present at the event. A significant number of young people attended as well. Dr. Shobha Vijender, addressing the youth, emphasized the need for young people in Delhi to associate with Sampurna and become Jal Mitras. She stressed

that only with their involvement can a better Delhi be envisioned.

The discussion lasted for two hours. Following the discussion, everyone visited the stalls set up by Sampurna, where attendees found the displays very attractive and purchased items of their choice. The event concluded with high tea, where everyone socialized and enjoyed refreshments together.



11th August, 2024

Practical hall ticket distribution to ITI student in Sampurna

Anushree, the instructor of Basic Cosmetology at ITI, informed the students about the hall tickets for their upcoming exams scheduled for August 2024. Tanvi Grover, the General Secretary of Sampurna, handed over the hall tickets to Anushree in preparation for the distribution.

A Hall Ticket Distribution Ceremony is planned for August 11, 2024, at the premises of Sampurna. The event will be attended by Anushree, the instructor of Basic Cosmetology, and Smt. Asha Jain, the Working President of Sampurna. During the ceremony, they will extend their best wishes to all the students, encouraging them to excel in their examinations.

13th August, 2024

Human Chain Protest against Atrocities on Hindus in Bangladesh Led by Dr. Shobha Vjender, Founder President, Sampurna

New Delhi, India – A human chain protest was organized today at Patel Chowk, Metro Station Gate No. 3 under the leadership of Dr. Shobha Vijender, Founder of Sampurna. The protest aimed to raise awareness and voice opposition against the ongoing atrocities, rape, and harassment of Hindus, particularly women and children, in Bangladesh.

Dr. Shobha Vijender, along with volunteers and members of Sampurna, participated in the protest, holding placards and chanting slogans such as "Save Bangladesh, women should be protected" and "Hindus should be protected in Bangladesh." The protest highlighted the urgent need to address the escalating violence and discrimination against Hindus in the neighboring country.

Addressing the media during the protest, Dr. Shobha Vijender stated, "The atrocities being committed against women and children in Bangladesh will not be tolerated. We all Hindus need to wake up, otherwise, the day is not far when similar incidents could happen in our country too."

The protest saw active participation from various community members, all of whom expressed their support for the cause and appreciation for Sampurna. Participants pledged to continue their struggle against such injustices and vowed not to back down under any circumstances.

Delhi Police later arrested all the activists and took them to Mandir Marg Police

Station in Delhi. Dr. Shobha Vijender, Smita Kaushik, Municipal Councilor, Chitra Aggarwal, former Municipal Councilor, Tanvi Grover, Nirmala Chahal, Santosh Garg, Pratibha Sharma, Vibha Singh, Sonia, Anand Dahiya, Sanjog Arora etc. all detained.



14th August, 2024

Sampurna Haat

Due to the Independent's Day on Thursday, Sampurna has decided to preponed Sampurna Haat on Wednesday at Janwasa Banquet Hall. It was decided by the management of Sampurna that Sampurna would not leave the tradition of organizing Sampurna Haat on weekly basis and therefore it was decided to preponed the program. A large number of gathering was present there on 14th August as it was a day when the local MLA's Birthday was celebrated there at Janwasa Banquet Hall. A large number of people got attracted and praised the products by the Self Help Groups of Sampurna.

21st August, 2024

The Founder President of Sampurna kept a meeting on 21st August, Wednesday in the premises of Sampurna to discuss the several core issues about the smooth functioning of Sampurna. The meeting was held 11 am with the members and volunteers of Sampurna. Dr. Shobha Vijender told them that Sampurna is introducing "Parivaar Prabodhan" program on every Monday from 2nd September onwards under the leadership of Dr. Sujata Mittal and Pankaj Gupta. The drawing room meetings are fixed for the awareness generation among the family members and neighborhood. Sampurna has decided to make this a weekly feature in and around Delhi. Pankaj Gupta has volunteered his name for ensuring the meeting is to be held on every Monday.



22nd August, 2024

**#Sampurna Haat at Skinovac Clinic, Sector-18, Rohini
(Topic: Hindu Girls and Mothers Being Mistreated and Raped in Bangladesh – Let Us also Raise Our Voice)**

Today, Sampurna organized a speech competition focusing on the alarming issue of Hindu girls and mothers being mistreated and subjected to heinous crimes such as rape in Bangladesh. A large number of homemakers attended and actively participated in the event.

The plight of Hindu girls and mothers in Bangladesh is deeply distressing and demands immediate global attention. These atrocities violate basic human rights and undermine the principles of justice and equality. It is our moral duty to stand in solidarity with the victims, raise our voices against such inhumane acts, and advocate for their safety and dignity. By spreading awareness and urging collective action, we can contribute to fostering a world where no community lives in fear of persecution.

The competition was conducted successfully and facilitated a meaningful dialogue on these pressing issues. Additionally, the Sampurna Haat held at Skinovac Clinic was a resounding success. The program received strong support from members Mala Roy and Councillor Smita Kaushik, whose contributions were instrumental in its success.



सम्पूर्णा हाट
(महिला समूह द्वारा स्वयं निर्मित वस्तुओं की प्रदर्शनी)
स्थान: स्किनोवेट क्लिनिक
बी 1-27, सेक्टर-18, रोहिणी
दिल्ली-110089
दिनांक: 22 अगस्त, 2024
समय : दोपहर 12 - 2 बजे तक

#बांग्लादेश में हिन्दू बच्चियों और माताओं के साथ बदसलूकी और बलात्कार, आइये हम भी आवाज उठाए!

पुरस्कार वितरण : प्रथम तीन प्रतियोगी
मुख्य अतिथि : डॉ शोभा विजेन्द्र, सम्पूर्णा संस्थापिका
मुख्य वक्ता : स्मिता कौशिक, निगम पार्षद (वार्ड 54)
आप सभी सादर आमंत्रित है

: सम्पर्क सूत्र :
माला रॉय
9999216566



29th August, 2024

Press Release

Revolution needed in the Country: Every Mother should become Jijabai

- *Didi Smahika (Vishwaguru Bharat Founder)*

We will not tolerate the Oppression of Hindu Sisters in Bangladesh

- *Dr. Shobha Vijender(Founder President, Sampurna)*

Sampurna organized a significant public awareness programme and Sampurna Haat on August 29, 2024, at the Community Hall, Shaheed Narendra Kaushik Marg, Sector-7, Rohini. The speech competition was organized on the topic: "Atrocities Happening in Bangladesh— Why is Everyone Silent?" The participants presented compelling and well-reasoned arguments, expressing deep sorrow and anger over the violence against Hindus.

Among the contestants, Anshu Bageria emphasized the importance of Hindus being knowledgeable about self-defense. Vibha Singh advocated for self-defense training for Hindu girls. The residents of Rohini enthusiastically participated in the speech competition, reflecting the communities' strong sentiments on the issue.

Didi Smahika, Founder of the Vishwaguru Bharat Trust was the Chief Guest. She praised Sampurna's efforts in raising awareness about the contemporary issues. She highlighted the need for a revolution, urging every mother to become like Jijabai and raise every child to be as courageous as Shivaji.

The jury, consisting of Sharda Goyal, Dr. Neelam Goyal, Surendra Bageria, and Poorvi Kheda, awarded prizes to the top three contestants. Dr. Shobha Vijender, Founder of Sampurna, reiterated the organization's commitment to empowering housewives and needy women through economic independence. The various stalls set up by women at the Sampurna Haat drew significant attention from all attendees.

The event concluded with a vote of thanks from Sampurna's General Secretary, Chitra Aggarwal.



02nd September, 2024

प्रेसविज्ञप्ति

परिवारप्रबोधनबैठककाशुभारंभ

पारिवारिकचर्चाआजकेजीवनमेअत्यंत आवश्यक

- डॉ. शोभाविजेन्द्र

नईदिल्ली, 02 सितंबर 2024:सम्पूर्णासामाजिकसंस्थाकीसंस्थापिका डॉ. शोभाविजेन्द्रकेनेतृत्वमेंआजसुनहरीबागअपार्टमेंट, सेक्टर-13 रोहिणीमेंपरिवारप्रबोधनबैठकहुई।बैठकमेंमुख्यव्यक्ताप्रांतकार्येकारिणीसदस्यश्रीदयानंदजीरहे।

श्रीदयानंदजीनेसनातमधर्ममें 6 भयकीबातकरी : भजन, भवन, भ्रमण, भोजन, भाषाइत्यादि।उन्होंनेकहाकिभारतीयसंस्कृतिप्राचीनहै, लेकिननवन्यूनतनभीहै।

डॉसुजातामित्तलनेबैठककीअध्यक्षताकी।उपस्थितसमूहके प्रश्नोत्तरपरसभीतथ्योंकेउत्तरदिए।उन्होंनेकहाकिलड़कियोंकोभी सबकामसिखानेचाहिएक्योकिलड़कियांहीबादमेजाकरबहूबनती हैऔरवेहीउसघरकीमुख्यस्तंभहोतीहै।उन्होंनेसभीउपस्थित बहनोंसेअनुरोधकियाकिलड़काऔरलड़कीसमाननहींहैअपितु लड़कियोंकास्थानलड़कोसेभीऊपरहै।उन्होंनेकहीउदहारणदेते हुएबतायाकिलड़काऔरलड़कीकेहॉर्मोन्स इसप्रकारहैकीलड़की हमेशाघरबनानाचाहतीहैऔरलड़काबहारजाकरधनअर्पितकरना चाहताहै।उन्होंनेशिवऔरपार्वतीकाउदहारणदेतेहुएबतायाकि जबपार्वतीकोभीअपनाघरबनानाथातोउन्होंनेभगवनशंकरसे अनुरोधकियाऔरवेकाशीनगरीमेंआकरबसे।

कार्यक्रमकेअंतमेंडॉशोभाविजेन्द्रनेकहाकिआजकेसमयकी सबसेबड़ीआवश्यकताहैकिहरपरिवारजागरूकहो।हमारीसनातनी संस्कृतिकोजीवंतबनाएरखनेकेलिएपरिवारकाविशेषमहत्वहोता है।भारतकीपहचानयहाँकेसयुंक्तपरिवारहैअतैवसम्पूर्णानिनिश्चय

किया है कि वह हर सोमवार इस प्रकार की परिवार प्रबोधन गोष्ठी कर परिवारों और उनके पड़ोसियों का उदबोधन करने का कार्य करेगी।

आज की बैठक बड़ी ही सफल रही, 40 लोगों की उपस्थिति रही और इस बैठक को सफल बनाने में सभी का बड़ा योगदान रहा। अंत में अनुश्री ने सभी का धन्यवाद किया और कार्यक्रम के मेजबान पंकज गुप्ता और उनके परिवार के सदस्यों का धन्यवाद किया और एक साथ तीन पीडियों के रहने पर विशेष सम्मान किया।



03rdSeptember, 2024

Hanuman Chalisa

Today, Sampurna organized a Hanuman Chalisa in Sampurna Center. Sampurna is like Goddess to every girl, women, beneficiaries who come daily. The management of Sampurna has decided to organize hanuman chalisa on every Tuesday.



05th September, 2024

#Sampurna Haat in Antriksh Apartment, Sector-14, Rohini (Topic- Importance of Guru in today's modern life too)

Today, Sampurna Haat, located at Antriksh Apartment, Sector-14, Rohini, Delhi. Sampurna has a weekly outreach program where they engage with the community to discuss topics beneficial to society.

In today's fast-paced and complex world, a guru holds immense importance as a source of guidance, wisdom, and inspiration. Amid the overload of information and societal pressures, a guru provides clarity, helping individuals navigate challenges with purpose and balance. They nurture personal growth, instill moral values, and foster self-awareness, enabling people to make meaningful choices. Whether as a spiritual guide, mentor, or teacher, a guru offers timeless wisdom and practical insights, bridging the gap between modern aspirations and inner peace. Their role in shaping well-rounded, resilient, and fulfilled individuals is as relevant today as ever.



सम्पूर्णा हाट



(महिला समूह द्वारा स्वयं निर्मित वस्तुओं की प्रदर्शनी)

स्थान: अंतरिक्ष अपार्टमेंट, सेक्टर-14, रोहिणी
दिल्ली-110085

दिनांक: 05 सितंबर, 2024

समय : दोपहर 12 बजे से 2 बजे तक

भाषण प्रतियोगिता

#आज के आधुनिक जीवन में भी

गुरु का महत्व !

पुरस्कार वितरण: प्रथम तीन प्रतियोगी

**मुख्य अतिथि: डॉ शोभा विजेन्द्र, सम्पूर्णा
संस्थापिका**

कृपया अधिक संख्या में रजिस्ट्रेशन करें।

: सम्पर्क सूत्र :

चित्रा अग्रवाल-8376967376

तन्वी ग़ोवर - 9999863623,





09th September, 2024

#Glimpses of Parivar Prabodhan on “Kanyadan”


सम्पूर्णा
परिवार प्रबोधन

परिवार एवं समाज कल्याण के लिए सदैव प्रयासरत
दिनांक : 9 सितंबर (सोमवार)
समय : 3 बजे से 4 बजे तक
स्थान : सी-244, प्रशांत विहार, पी वी आर
रोड, पंजाब नेशनल बैंक के सामने, रोहिणी

विषय: कन्यादान

मुख्य अतिथि:
डॉ शोभा विजेंद्र, सम्पूर्णा संस्थापिका

मुख्यवक्ता:
पंकज वाष्णीय, संयोजक परिवार प्रबोधन, उत्तर विभाग
योगम्बर सिंह भंडारी, संयोजक परिवार प्रबोधन, रोहिणी जिला

संपर्क सूत्र: राजीव शर्मा
+91 8800502770



11th September, 2024

Sampurna has organized a workshop today in collaboration with the students from Bal Bharati Public school, the team of 7 students along with a teacher visited Sampurna, the beneficiaries from Sampurna had a training session for three hours. The students joined the session to make pretty potli bags and scrunchies. Since the women are already skilled in stitching & tailoring, it was a simple & engaging task for them. The beneficiaries enjoyed the session.



11th September, 2024

Dr. Shobha Vijender, Founder President of Sampurna had an interaction with student of 3rd Year Janki Devi Maha Vidyalaya.





12th September, 2024

**#Sampurna Haat in Arawali Kunj, Sector-13, Rohini
(Topic- Ganesh Utsav, an initiative to connect India)**

Today, Sampurna Haat was held at Arawali Kunj Apartment, Sector-13, Rohini, Delhi. Sampurna conducts a weekly outreach program to engage with the community and discuss topics beneficial to society. The residents of Arawali Kunj Apartment and its surrounding societies participated enthusiastically in it. A large number of women exhibited and sold their self-made products. Sampurna Founder President, Dr. Shobha Vijender said that Ganesh Utsav symbolizes unity in India's cultural diversity. This festival is not just a celebration of faith and tradition but also a medium to bring the entire nation together. Under the initiative of "Connecting India," Ganesh Utsav can be celebrated on a national platform where the art, culture, and traditions of every state can be shared with one another. Through programs focused on environmental conservation, social service, and cultural exchange, this festival fosters a spirit of unity and collaboration in society, delivering a true message of India's unity and integrity. In the end tea and snacks were served



सम्पूर्णा हाट

(महिला समूह द्वारा स्वयं निर्मित वस्तुओं की प्रदर्शनी)

स्थान: अरावली कुंज बेसमेंट ऑफिस हाल, सेक्टर-13 एक्सटेंशन,
रोहिणी, दिल्ली-110085

दिनांक: 12 सितंबर, 2024

समय : दोपहर 12 से 2 बजे तक

भाषण प्रतियोगिता
#भारत को जोड़ने की पहल, गणेश उत्सव !

पुरस्कार वितरण: प्रथम तीन प्रतियोगी
मुख्य अतिथि: स्मिता कौशिक, निगम पार्षद
(वार्ड 54)

मुख्य वक्ता: डॉ शोभा विजेन्द्र, सम्पूर्णा संस्थापिका
कृपया अधिक संख्या में रजिस्ट्रेशन करें।

: सम्पर्क सूत्र :

प्रवीण गर्ग- 9212077760
गीता गुप्ता- 8800144561
निधि अग्रवाल- 9899125676
कविता- 9354145296



14th September, 2024

Associate Members Meeting

Today associate members meeting held in Sampurna Rajapur Center. Dr. Shobha Vijender, Founder President of Sampurna presided over the meeting. She briefed about the previous programs of Sampurna and told the members that Sampurna has started “Parivaar Prabodhan” program on every Monday. The management and members of Sampurna has decided that from now onwards, we work on pornography till 2nd October, 2024. She further brief about the coming program on pornography which is going to be held on 2nd October, 2024 in Constitution Club, Rafi Marg, New Delhi. She further requested all the members that we all put our efforts for this cause.





16th September, 2024

Plantation Drive





17th September, 2024

The Hanuman Chalisa recitation is a cherished and regular feature of Sampurna's activities. We firmly believe that religious and social values play a significant role in an individual's life, guiding their actions and fostering a sense of purpose. Recognizing that Sampurna works closely with people in distress, we understand the importance of spiritual commitments in helping to mitigate issues such as crime and despair. By promoting religious practices, we aim to instill hope and resilience in the community.

Today, many individuals gathered to participate in the Hanuman Chalisa path, demonstrating the event's growing significance and appeal. This gathering serves not only as a spiritual practice but also as an opportunity for community bonding. The atmosphere was filled with devotion and camaraderie as participants recited the verses together, creating a sense of unity and shared purpose.

After the recitation, prasadam was distributed to everyone in attendance. This gesture is an essential part of our tradition, symbolizing the sharing of blessings and fostering a sense of togetherness among participants. By coming together in this way, we reinforce our collective commitment to spiritual values, community support, and personal growth.

Overall, the Hanuman Chalisa path serves as a powerful reminder of the positive influence of faith and spirituality in our lives. It strengthens the bonds within our community, provides solace to those in need, and encourages individuals to lead lives guided by compassion and integrity. Through these gatherings, Sampurna continues to nurture a vibrant community rooted in shared values and mutual support.





19th September, 2024

#Sampurna Haat in Samay Vihar Apartment, Sector-13, Rohini (Topic- Who will stop mobile phones and pornography?)

Today, Sampurna organized a speech competition focused on pornography and the abuse of mobile phones. A large number of homemakers attended and actively participated in the event. The women expressed that while mobile phones have become a necessity, they also acknowledged the misuse of these devices by both minors and adults. A concerning reality discussed was the prevalence of pornography in today's society.

Overall, the competition went well and served as a meaningful dialogue on these pressing issues. Similarly, the Sampurna Haat was also successful, held in Samay Vihar. The program received support from members Renu Tyagi, Amit Gupta, Neha Gupta, and Rajnesh Tyagi, who

contributed to its success in Samay Vihar.



सम्पूर्णा हाट

(महिला समूह द्वारा स्वयं निर्मित वस्तुओं की प्रदर्शनी)
स्थान: समय विहार अपार्टमेंट, सेक्टर-13, रोहिणी,
दिल्ली-110085
दिनांक: 19 सितंबर, 2024
समय : दोपहर 12 से 2 बजे तक
मोबाइल फोन और पोर्नोग्राफी
कौन रोकेगा इसे !
पुरस्कार वितरण: प्रथम तीन प्रतियोगी
मुख्य अतिथि: डॉ शोभा विजेन्द्र, सम्पूर्णा संस्थापिका
कृपया अधिक संख्या में रजिस्ट्रेशन करें।
: सम्पर्क सूत्र :
रजनीश त्यागी
ब्रह्म राणा - 9999966155
अमित गुप्ता - 9310382849
नेहा गुप्ता - 9310082849
रेनू त्यागी - 8860004001
मधु शर्मा
रितू गुप्ता



26th September, 2024

#Sampurna Haat in A Block, Prashant Vihar (Topic-Playing with the soul of Hindus, the culprits of this heinous crime in Tirupati Prasad should be hanged)

Today, Sampurna organized the Sampurna Haat in Prashant Vihar, A-1/143, with a remarkable turnout of women participants. Chitra Aggarwal, the convenor of Sampurna Haat, informed us that over a hundred ladies attended the event.

The topic of discussion was particularly contemporary: "Laddus in Tirupati Are Not Pious." Many women expressed concerns about the purity of prasadam, claiming that it has become adulterated in recent times. They shared their disappointment, emphasizing that this situation is the worst they have ever witnessed. For them, prasadam represents the essence of Indian spirituality, and they lamented that some unscrupulous individuals are jeopardizing the sentiments of millions of devotees of Lord Balaji.

After the speeches, the atmosphere buzzed with energy as women gathered to engage and share their thoughts. The event was a resounding success, highlighting the importance of community dialogue on such pressing issues.



सम्पूर्णा हाट



(महिलाओं द्वारा स्वयं निर्मित वस्तुओं की प्रदर्शनी)
स्थान: A 1/43, प्रशांत विहार (नियर पंचकर्मा हॉस्पिटल)
रोहिणी

दिनांक: 26 सितंबर, 2024

समय : दोपहर 12 - 2 बजे तक

भाषण प्रतियोगिता

हिन्दुओ की आत्मा से खिलवाड़, तिरुपति प्रसाद मे महापाप
दोषियों को फौसी हो

पुरस्कार : प्रथम तीन प्रतियोगी

मुख्य अतिथि: डॉ शोभा विजेन्द्र, सम्पूर्णा संस्थापिका
: सम्पर्क सूत्र :

निर्मल अग्रवाल : 9910058059
नीतू मित्तल : 9891365120
बबीता गोयल : 9811093912
सुनीता जी : 8700452174
सुमन जी : 8860204022
मोनिका गोयल : 8448208383





महिला हाट में समान खरीदते हुए महिलाएं



1th October, 2024

Hanuman Chalisa

Today, Sampurna organized a Hanuman Chalisa recitation at the Maharana Pratap Community Centre. This weekly event is a cherished tradition for Sampurna, allowing members to come together to worship Hanuman ji. The half-hour program, which includes singing the Hanuman Chalisa and chanting Ram Nam, brings happiness, prosperity, and spirituality to the lives of all participants.

This small gathering has also positively influenced the commitment of our volunteers. Today's Hanuman Chalisa path was attended by members, volunteers, and guests from outside the community, highlighting the event's growing significance. The warm atmosphere and shared devotion foster a sense of unity and strengthen the bonds among attendees, making this weekly event a beloved part of our community activities.

2nd October, 2024



(Press Release)

Hundreds of Victims Demand Ban on Sexually Perverted Content at “Jan Sunwayi” Public Hearing on Gandhi Jayanti

- ❑ Victims of sexual violence call for an immediate ban on sexually perverted content, citing its role in fueling crimes like rape.
- ❑ Founder Uday Mahurkar demands a complete ban on explicit content, proposing a strict law with 10-20 years of jail time and no bail for 3 years to combat the spread of pornography.
- ❑ On Gandhi Jayanti, survivors and activists unite to push for ethical reforms in media, urging swift action to protect the nation's cultural values and women's safety.

New Delhi, October 2, 2024 — In a powerful public outcry, hundreds of survivors of sexual violence gathered at the Constitution Club of India on Gandhi Jayanti to demand the immediate ban of sexually perverted content that is corrupting society and fueling horrific crimes against women. The “Jan Sunwayi” Public Hearing,

organized by the Coalition of Organizations to Combat Production of Sexually Perverted Content, saw survivors courageously recount their harrowing experiences, exposing how men, incited by explicit content, committed heinous crimes like rape. The event was led by *Save Culture Save Bharat Foundation, People against Rape in India (PARI), Sampurna and Sewa Nyaya Utthan.*

Victims of sexual harassment, rape, and abuse detailed the direct link between the spread of pornographic content and the explosion of sexual violence against women. The pain and trauma expressed by these women made one thing clear: the unchecked consumption of such content is turning ordinary men into predators.

They recounted their horrifying experiences, revealing how predators, after consuming such content, were emboldened to commit acts of sexual violence, including rape. Survivors described the psychological toll of living through such trauma and how this rampant consumption of explicit content is tearing the moral fabric of the nation apart.

Save Culture Save Bharat Foundation initiated this movement two years ago, and it has since grown into a nationwide public campaign with millions of supporters. Today's public hearing marks a critical milestone in the fight to eradicate sexually explicit content from social media, OTT platforms, and the internet.

Shri Uday Mahurkar, founder of Save Culture Save Bharat Foundation, delivered a hard-hitting address during the press conference, demanding a complete and permanent ban on the production, circulation, and consumption of sexually explicit material. Mahurkar stressed, "The normalization of hardcore pornographic content is destroying our society by corrupting young, impressionable minds and increasing sexual perversion. This menace must be tackled head-on if we are to safeguard the dignity of our women and preserve the moral values of our nation."

He further added a large number of OTT / App/ social media platforms including Netflix, X , ALTT & Ullu are openly serving pornography/ sexually perverted content & Save Culture Save Bharat Foundation had written letters against some of them to Union Minister for I&B & MEITY Shri Ashwin Vaishnav & had also lodged police complaints against them. But he said the police has so far refused to register FIR despite the fact that the complaints are attached with hard pornographic evidence. He said the country has to decide whether the revenue coming from such filth-serving platforms is more important for it or the culture & character of the nation.

He emphasised on enactment of a Law of Ethics Code for all audio visual platforms that would deem making & distribution of pornography as indulging in antinational & rape inducing activity & punish the violators with 10 to 20 yrs in Jail and no bail

for 3 years after holding trials in 4 months in fast track courts.

‘Why India can’t become the world’s first perverted content free nation ?, he asked. Shri Mahurkar also called for setting up of a National Content Control Authority to prevent sexually perverted content on all Audio Visual platforms.

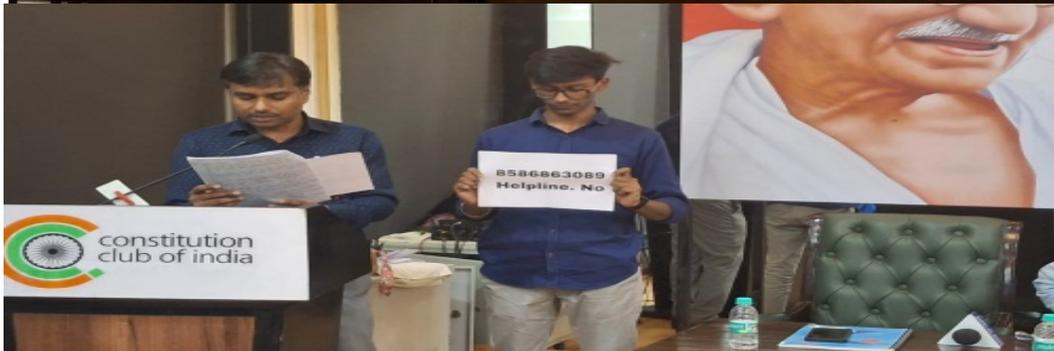
Yogita Bhayana, founder of People against Rape in India, echoed Mahurkar’s sentiments. “The propagation of sexually explicit material is fueling the rise of sexual crimes in India. It is critical that we act swiftly to ban this content if we are to protect our women and children from further harm. We cannot allow these materials to continue eroding our societal values and contributing to the epidemic of rape and harassment.”

Veteran social activist Dr. Shobha Vijender, founder of Sampurna, underscored the urgency of the situation, highlighting the role of technology in spreading this harmful content. “With 1.5 billion people in India, monitoring individual consumption is impossible. The only solution is a blanket ban on all forms of pornography. We must stop this rot at its source before it destroys our culture and society,” she said.

Mahurkar pointed to evidence from studies that link pornography consumption to increased sexual violence, stating, "Pornography is often the key motivator for rapists. Time and again, rapists have admitted to consuming explicit content prior to committing their crimes. We demand strict action and a nationwide ban on any platform that enables sexually perverted content.”

Save Culture Save Bharat is committed to advancing its mission on multiple fronts. The organisation is actively working on policy reform, judicial advocacy, and public mobilization to combat the production and distribution of pornographic content.

This movement has garnered widespread public support, with millions of Indians already rallying behind the cause. Today's event marks a pivotal moment in the campaign to hold the creators and distributors of sexually explicit material accountable and demand a safer, culturally respectful society.



3rd October, 2024

**#Sampurna Haat in Varun Apartment, Sector-9, Rohini
(Topic- You need to be social to be happy)**

Today, Sampurna organized the Sampurna Haat at Varun Apartment in Sector 9. The event featured 20 stalls showcasing the talents of women entrepreneurs, creating a vibrant atmosphere filled with creativity and innovation. Among the stalls, Sampurna also had a dedicated display for bags made by Bagwan ki Poshak, which garnered much appreciation from attendees.

The community hall of Varun Apartment was adorned with colorful stalls, creating a festive ambiance that delighted all who attended. Additionally, a speech competition was held on the theme “The Importance of Socialization for Personal Happiness.” Participants enthusiastically engaged in the competition, sharing their thoughts and insights on the topic.

The judges for the competition included Pratibha Vijiya, who provided valuable feedback and encouragement to the participants. Overall, the event was a resounding success, leaving a positive impact on the community and reinforcing Sampurna's commitment to supporting women entrepreneurs.







सम्पूर्णा हाट



(महिलाओं द्वारा स्वयं निर्मित वस्तुओं की प्रदर्शनी)

स्थान: कम्युनिटी हाल , वरुण अपार्टमेंट , सेक्टर -9,
रोहिणी निकट एन के बगरोड़िया स्कूल

दिनांक: 03 अक्टूबर , 2024

समय : दोपहर 12 - 2 बजे तक

भाषण प्रतियोगिता

खुश रहने के लिए सामाजिक होना आवश्यक !

पुरस्कार : प्रथम तीन प्रतियोगी

मुख्य अतिथि: डॉ शोभा विजेन्द्र, सम्पूर्णा संस्थापिका

समस्त वरुण विहार परिवार

: सम्पर्क सूत्र :

चित्रा अग्रवाल : 8376967376



7th October, 2024

#Glimpses of Parivar Prabodhan on “Language dignity is essential for family”

Language dignity is the foundation of a respectful and harmonious family environment. The words we choose and the tone we use reflect the values we uphold within our homes. Speaking with kindness, patience, and understanding fosters trust and strengthens relationships among family members. It also sets an example for children, teaching them the importance of communication rooted in respect. By maintaining language dignity, families can nurture a culture of empathy and love, creating a safe space where every member feels valued and heard.



The poster features a decorative border of pink and blue roses. At the top center is the logo for 'SAMPURNA', which includes a globe icon. Below the logo, the title 'सम्पूर्णा परिवार प्रबोधन' is written in large, bold, red Devanagari script. Underneath the title, the text 'परिवार एवं समाज कल्याण के लिए सदैव प्रयासरत' is written in a smaller font. The event details are listed in red text: 'दिनांक : 07 अक्टूबर (सोमवार)', 'समय : 3 बजे से 4 बजे तक', and 'स्थान : E-1/7/45, दूसरी मंजिल, सेक्टर 15, रोहिणी- 110089'. A red box highlights the topic: 'विषय: परिवार के लिए भाषा की मर्यादा आवश्यक'. The speaker's name and title are listed below: 'मुख्य अतिथि: डॉ शोभा विजेन्द्र, सम्पूर्णा संस्थापिका'. The host's name and location are listed next: 'मुख्यवक्ता: गौतम जी, रोहिणी जिला कार्यवाह'. Finally, the contact information is provided at the bottom: 'संपर्क सूत्र: राहुल गुप्ता +91 88825 03216'.

SAMPURNA

सम्पूर्णा परिवार प्रबोधन

परिवार एवं समाज कल्याण के लिए सदैव प्रयासरत

दिनांक : 07 अक्टूबर (सोमवार)
समय : 3 बजे से 4 बजे तक
स्थान : E-1/7/45, दूसरी मंजिल, सेक्टर 15,
रोहिणी- 110089

**विषय: परिवार के लिए भाषा की
मर्यादा आवश्यक**

मुख्य अतिथि:
डॉ शोभा विजेन्द्र, सम्पूर्णा संस्थापिका

मुख्यवक्ता:
गौतम जी, रोहिणी जिला कार्यवाह

संपर्क सूत्र: राहुल गुप्ता
+91 88825 03216

14th October, 2024

My family is my greatest strength, the pillar of support that has shaped who I am today. They are my guiding light in moments of darkness, my source of encouragement in times of doubt, and my reason to celebrate every small victory. Through their unwavering love and faith in me, I find the courage to face challenges and pursue my dreams. My family teaches me the values of kindness, perseverance, and unity, reminding me that no matter where life takes me, I will always have a place to call home. Their presence in my life is a blessing I cherish deeply, and I draw my strength from their love every single day.



SAMPURNA

सम्पूर्णा परिवार प्रबोधन

परिवार एवं समाज कल्याण के लिए सदैव प्रयासरत

दिनांक : 14 अक्टूबर (सोमवार)
समय : 3 बजे से 4 बजे तक
स्थान : B-4/292, द्वितीय तल, सेक्टर 7,
रोहिणी

विषय: मेरा परिवार ही मेरी शक्ति

मुख्य अथिति:
डॉ शोभा विजेन्द्र, सम्पूर्णा संस्थापिका

मुख्यवक्ता:
माननीय सुशील लोहिया जी, रोहिणी जिला
संचालक

संपर्क सूत्र: मन्मू चतुर्वेदी जी
+91 98701 86131



17th October, 2024

#Sampurna Haat in Vijeta Vihar Apartment, Sector-13, Rohini (Topic- It is necessary to take up arms in the changing environment)

In a changing environment, taking up arms becomes necessary when values, freedoms, or safety are under threat. It symbolizes the need to rise against injustice and defend what is right. While dialogue and diplomacy are preferred, there are moments when decisive action is the only way to preserve harmony and justice. However, this responsibility must be exercised with caution and only in the face of genuine threats, ensuring it aligns with the greater good and moral principles.



सम्पूर्णा हाट

(महिला समूह द्वारा स्वयं निर्मित वस्तुओं की प्रदर्शनी)
स्थान: विजेता विहार सोसाइटी नियर-एम.सी.डी
समुदाय भवन सेक्टर-13 रोहिणी दिल्ली-110085
दिनांक: 17 अक्टूबर, 2024
समय : दोपहर 12 बजे से 2 बजे तक
भाषण प्रतियोगिता

#बदलते परिवेश में शस्त्र उठाना आवश्यक !
पुरस्कार वितरण: प्रथम तीन प्रतियोगी
मुख्य अतिथि: डॉ: शोभा विजेन्द्र, सम्पूर्णा
संस्थापिका

कृपया अधिक संख्या में रजिस्ट्रेशन करें।
: सम्पर्क सूत्र :

कृष्ण मदान : 9899059070
निशा मिश्र : 9717566322
पल्लवी कालिया : 9810540542
सिद्धि नारंग : 8076968302
ज्योति शर्मा 9810176660
सुनीता शर्मा : 8700452174

18th October, 2024

Mehndi Camp in Sampurna till Diwali

Karwachauth Special

सम्पूर्णा में मेहंदी कैंप का आयोजन

सम्पूर्णा के बच्चों द्वारा हर वर्ष करवा चौथ और दीपावली के अवसर पर मेहंदी कैंप का आयोजन किया जाता है, जो उनकी रचनात्मकता और आत्मनिर्भरता को प्रोत्साहित करने का एक विशेष माध्यम है।

इसी परंपरा को जारी रखते हुए, इस वर्ष करवा चौथ के उपलक्ष्य में **18 अक्टूबर 2024** से लेकर **सुबह 11 बजे से दोपहर 2 बजे तक** सम्पूर्णा केन्द्र, रोहिणी में मेहंदी लगाने का आयोजन किया जा रहा है।

आप सभी से निवेदन है कि इस कैंप में भाग लेकर बच्चों के उत्साह को बढ़ाएं और उनकी कला को सराहें। आपकी उपस्थिति उनके प्रयासों को प्रोत्साहित करने में अहम भूमिका निभाएगी।

सम्पूर्णा परिवार





21th October, 2024

हमारा परिवार ही संस्कृति की सच्ची धरोहर है, क्योंकि परिवार ही वह जगह है जहां हमारी परंपराएं, मूल्य और आदर्श पीढ़ी दर पीढ़ी संरक्षित और संप्रेषित होते हैं। परिवार हमें संस्कार, सदाचार और आपसी सम्मान सिखाता है, जो हमारी संस्कृति की मूलभूत विशेषताएं हैं। यह एक ऐसा बंधन है, जो हमें हमारी जड़ों से जोड़ता है और सामाजिक और सांस्कृतिक पहचान प्रदान करता है। यदि हम अपने परिवार को सशक्त और संस्कारवान बनाए रखें, तो हमारी संस्कृति सदैव जीवित और प्रखर बनी रहेगी।

SAMPURNA

**सम्पूर्णा
परिवार प्रबोधन**

परिवार एवं समाज कल्याण के लिए सदैव प्रयासरत

दिनांक : 21 अक्टूबर (सोमवार)
समय : 3 बजे से 4 बजे तक
स्थान : 544, वीर अपार्टमेंट सेक्टर 13 रोहिणी

विषय: हमारा परिवार ही संस्कृति का सच्चा धरोहर है।

मुख्य अथिति:
डॉ शोभा विजेन्द्र, सम्पूर्णा संस्थापिका

मुख्यवक्ता:
माननीय सुशील लोहिया जी, रोहिणी जिला संचालक

संपर्क सूत्र: नीलम जैन
+91 93508 15125



25th October, 2024

Today, on 25th October, 2024 Sampurna organized a diwali mela at Aggarwal Dharamshal, Prashant Vihar, Sector-14, Rohini, Delhi

25 October 2024

Diwali Mela organised by Sampurna

Today, on 25 October 2024, Sampurna organised a vibrant Diwali Mela at Aggarwal Dharamshala, Prashant Vihar, Sector-14, Rohini, Delhi. The event was graced by Ms. Yogita Bhayana, Founder, Pari Foundation. A large number of women participated in the event and contributed to its success and significance.

The topic of discussion on the day was extremely relevant: “The orgy of pornography on OTT platforms is a severe attack on Indian culture.” Many women expressed deep concern about the erosion of cultural purity and emphasised that Indian traditions and values are being rapidly weakened in recent times. They termed it as an extremely challenging time for cultural and moral integrity.

Addressing the gathering, Dr. Shobha Vijendra, Founder, Sampurna emphasised the need for collective action to protect Indian culture. She said that the preservation of dignity, decency and morality is not just an individual effort but a shared responsibility of society, government and families.

Dr. Shobha Vijender also underlined that immoral and obscene content being aired on OTT platforms without censorship is a serious threat to Indian culture. Such content is not only weakening the social values but also affecting the mental development of the youth and disrupting the harmony of family and social structures. The participants emphasized the need to regulate such content to ensure that the younger generation receives the right guidance and values.

The speeches were followed by a dance competition which made the event even more lively. In the end,

mothers of cultured women were felicitated by draping shawls to express respect towards them.

The event concluded on a positive note, highlighting the importance of community dialogue. The Diwali Mela was a grand success, inspiring the participants to work collectively for the preservation of Indian culture.

25 अक्टूबर 2024

सम्पूर्णा द्वारा आयोजित दिवाली मेला

आज, 25 अक्टूबर 2024 को, सम्पूर्णा ने अग्रवाल धर्मशाला, प्रशांत विहार, सेक्टर-14, रोहिणी, दिल्ली में एक जीवंत दिवाली मेला आयोजित किया। इस कार्यक्रम में परी फाउंडेशन की संस्थापक, सुश्री योगिता भयाना, की उपस्थिति रही। बड़ी संख्या में महिलाओं ने इस आयोजन में भाग लेकर इसकी सफलता और महत्व में योगदान दिया।

इस दिन की चर्चा का विषय अत्यंत प्रासंगिक था: "ओटीटी प्लेटफॉर्म पर अश्लीलता का नंगा नाच भारतीय संस्कृति पर गंभीर हमला है।" कई महिलाओं ने सांस्कृतिक शुद्धता के क्षरण के बारे में गहरी चिंता व्यक्त की और इस बात पर जोर दिया कि हाल के दिनों में भारतीय परंपराओं और मूल्यों को तेजी से कमजोर किया जा रहा है। उन्होंने इसे सांस्कृतिक और नैतिक अखंडता के लिए अत्यंत चुनौतीपूर्ण समय बताया।

सभा को संबोधित करते हुए सम्पूर्णा की संस्थापक, डॉ. शोभा विजेंद्र, ने भारतीय संस्कृति की रक्षा के लिए सामूहिक कार्रवाई की आवश्यकता पर जोर दिया। उन्होंने कहा कि गरिमा, शालीनता और नैतिकता का संरक्षण केवल व्यक्तिगत प्रयास नहीं है, बल्कि समाज, सरकार और परिवारों की साझा जिम्मेदारी है।

डॉ. शोभा विजेंद्र ने यह भी रेखांकित किया कि बिना सेंसरशिप के ओटीटी प्लेटफॉर्म पर प्रसारित हो रही अनैतिक और अश्लील सामग्री भारतीय संस्कृति के लिए गंभीर खतरा है। ऐसी सामग्री न केवल सामाजिक मूल्यों को कमजोर कर रही है, बल्कि युवाओं के मानसिक विकास को प्रभावित कर रही है और पारिवारिक एवं सामाजिक संरचनाओं के सामंजस्य को भी बाधित कर रही है। प्रतिभागियों ने ऐसी सामग्री को विनियमित करने की आवश्यकता पर जोर दिया, ताकि यह सुनिश्चित किया जा सके कि युवा पीढ़ी को सही मार्गदर्शन और मूल्य प्राप्त हों।

भाषणों के बाद एक नृत्य प्रतियोगिता आयोजित की गई, जिसने कार्यक्रम को और भी जीवंत बना दिया। अंत में, सुसंस्कृत महिलाओं की माताओं को शॉल ओढ़ाकर सम्मानित किया गया, जिससे उनके प्रति आदर व्यक्त किया गया।

कार्यक्रम का समापन सकारात्मक नोट पर हुआ, जिसमें सामुदायिक संवाद के महत्व को रेखांकित किया गया। दिवाली मेला एक शानदार सफलता रही, जिसने प्रतिभागियों को भारतीय संस्कृति के संरक्षण के लिए सामूहिक रूप से काम करने की प्रेरणा दी।



सम्पूर्णा दिवाली मेला



प्रथम दिन
25 अक्टूबर
2024

2:30 से 4 बजे OTT PLATFORMS
पर अश्लीलता का नंगा नाच -
भारतीय संस्कृति पर आक्रमण

4 से 5:45 बजे नृत्य प्रतियोगिता (एकल/सामूहिक)

5:45 से 6 बजे सुसंस्कृत कविल लड़कियों की मोंओं को सम्मान समारोह

25 अक्टूबर 2024 को दोपहर 2:30 बजे, अग्रवाल धर्मशाला, प्रशांत विहार



द्वितीय दिन
26 अक्टूबर
2024

11:00 से 2 बजे बुजुर्गों का अभिनंदन एवं वरिष्ठजनों
द्वारा स्वरचित कविता पाठ का आयोजन
स्थान: दिल्ली सिटीजन, कम्युनिटी हॉल, सैक्टर-13, रोहिणी

11:00 बजे से 4:00 बजे तक नृत्य, संगीत, फैंसी ड्रेस,
रैंप वॉक का आयोजन एवं विविध स्टाल्स

निवेदक :
डॉ. शोभा विजेन्द्र
सम्पूर्णा संस्थापिका

26 अक्टूबर 2024 को 11:00 से 4:00 बजे, रोयल बाय मेरकी, सैक्टर-15, रोहिणी



26th October, 2024

#Kavita Path

सम्पूर्णा द्वारा दिल्ली सिटीजन सोसाइटी के कम्युनिटी हॉल में कविता पाठ कार्यक्रम

सम्पूर्णा द्वारा दिल्ली सिटीजन सोसाइटी के कम्युनिटी हॉल में कविता पाठ कार्यक्रम का आयोजन किया, जिसमें साहित्य और संस्कृति प्रेमियों की बड़ी संख्या ने भाग लिया। यह आयोजन साहित्य और कला के माध्यम से समाज के सभी वर्गों को जोड़ने और भारतीय परंपराओं को सशक्त बनाने के उद्देश्य से किया गया। विभिन्न विषयों पर आधारित कविताओं में सामाजिक मुद्दों, जीवन के अनुभवों, और भारतीय संस्कृति की महिमा को उजागर किया गया।

इस अवसर पर मुख्य अतिथि, रोहिणी विधानसभा के विधायक श्री विजेन्द्र गुप्ता ने साहित्य और कविता के महत्व पर अपने विचार साझा किए। उन्होंने कहा कि ऐसे आयोजनों से समाज को नई ऊर्जा और प्रेरणा मिलती है। उन्होंने सम्पूर्णा के इस प्रयास की सराहना की, जो समाज में सांस्कृतिक जागरूकता और सकारात्मकता का संचार कर रहा है। सांसद श्री योगेन्द्र चंदोलिया ने भी कार्यक्रम में अपने विचार प्रस्तुत करते हुए कविता को समाज के संवेदनशील मुद्दों पर चर्चा का सशक्त माध्यम बताया।

कार्यक्रम के समापन पर बुजुर्गों को शॉल ओढ़ाकर सम्मानित किया गया। यह सम्मान भारतीय संस्कृति में बुजुर्गों के प्रति आदर और कृतज्ञता का प्रतीक था। कार्यक्रम के अंत में चाय-नाश्ते का आयोजन हुआ। सम्पूर्णा का यह प्रयास एक अद्वितीय पहल थी, जिसने साहित्य, संस्कृति, और समाज के प्रति जागरूकता फैलाने का काम किया।



05th November, 2024 Kirtan in Sampurna Center

The devotees of Ram has being excited on every Tuesday. Everyone sing bhajans and arti. Everyone prayed to Balaji for good health of people of Delhi.



14th November, 2024

#Sampurna Haat in Bharat Apartment (Mandir Basement) Sector-13, Rohini (Topic- Child values come from parents or from social media)



सम्पूर्णा हाट

(महिला समूह द्वारा स्वयं निर्मित वस्तुओं की प्रदर्शनी)
स्थान: भारत अपार्टमेंट मन्दिर (बेसमेंट),
सेक्टर-13 रोहिणी दिल्ली-110085
दिनांक: 14 नवंबर, 2024
समय : दोपहर 12 बजे से 2 बजे तक
भाषण प्रतियोगिता

#बाल संस्कार माता-पिता से आते है या सोशल मीडिया से ?

पुरस्कार वितरण: प्रथम तीन प्रतियोगी
मुख्य अतिथि: डॉ: शोभा विजेन्द्र, सम्पूर्णा संस्थापिका
कृपया अधिक संख्या में रजिस्ट्रेशन करें।
: सम्पर्क सूत्र :
सुभाष मित्तल : 9811035421
अनंगपाल: 9811860018
राजेन्द्र मित्तल: 9811011444
सुमन शर्मा : 9899937110
रूपाली कसेरा : 9990990897
मनीषा भाटिया : 8376035649
कृष्णा गुप्ता: 9868724657

14th November, 2024

#Glimpses of Parivar Prabodhan on “There is no place for me in the family”



सम्पूर्णा
परिवार प्रबोधन

परिवार एवं समाज कल्याण के लिए सदैव प्रयासरत

दिनांक : 14 नवंबर (वृहस्पतिवार)
समय : 2:30 बजे से 3:30 बजे तक
स्थान : ए-11/3, सेक्टर 18 रोहिणी, ग्रीन वैली के गेट के सामने

विषय: परिवार में, मैं का कोई स्थान नहीं ।

मुख्य अथिति:
डॉ शोभा विजेन्द्र, सम्पूर्णा संस्थापिका

संपर्क सूत्र: श्रीमती पुष्प लता जी
+91 93123 41233

17th November, 2024

#Glimpses of Parivar Prabodhan on “A strong family is the foundation of a strong nation”

एक मजबूत परिवार न केवल एक व्यक्ति के जीवन का आधार होता है, बल्कि पूरे राष्ट्र के विकास और स्थिरता की नींव भी होता है। परिवार वह प्राथमिक इकाई है जहां बच्चे अपने जीवन के प्रारंभिक मूल्य, नैतिकता और संस्कार सीखते हैं। यह वह स्थान है जहां परस्पर प्रेम, विश्वास और सहयोग के माध्यम से एकता और स्थिरता का निर्माण होता है। जब परिवार के सदस्य शिक्षित, नैतिक और एकजुट होते हैं, तो वे समाज में न केवल सकारात्मक योगदान देते हैं, बल्कि सामाजिक समस्याओं के समाधान में भी सक्रिय भूमिका निभाते हैं।

एक स्थिर और प्रेमपूर्ण परिवार बच्चों के व्यक्तित्व को आत्मविश्वास, अनुशासन और जिम्मेदारी से परिपूर्ण बनाता है। ऐसे परिवार न केवल बच्चों को एक आदर्श नागरिक बनने की प्रेरणा देते हैं, बल्कि समाज को एक ऐसा वातावरण प्रदान करते हैं जो शांति, सहयोग और प्रगति को बढ़ावा देता है।

परिवारों में विकसित संस्कार और आदर्श, समाज में सामाजिक एकता और सांस्कृतिक समृद्धि की भावना को प्रबल करते हैं। जब प्रत्येक परिवार अपने मूल्यों और जिम्मेदारियों के प्रति जागरूक होता है, तो यह राष्ट्र के सामूहिक चरित्र को सशक्त बनाता है। इस प्रकार, एक सशक्त और समर्पित परिवार एक ऐसे स्वस्थ और प्रगतिशील राष्ट्र का निर्माण करता है, जो सभी के लिए उज्ज्वल भविष्य सुनिश्चित कर सके। परिवारों की मजबूती और उनके बीच की एकता ही राष्ट्र की स्थिरता और विकास का वास्तविक आधार है।



SAMPURNA

सम्पूर्णा
परिवार प्रबोधन
परिवार एवं समाज कल्याण के लिए
सदैव प्रयासरत

दिनांक : 17 नवंबर, 2024
समय : 3 - 4 बजे तक
स्थान : फ्लैट न. 69, लकी होम अपार्टमेंट,
सेक्टर - 13, रोहिणी, दिल्ली - 110085

विषय: "सशक्त परिवार ही सशक्त राष्ट्र की
नींव है।"

मुख्य अतिथि- डॉ. शोभा विजेन्द्र, सम्पूर्णा संस्थापिका

संपर्क सूत्र : नेपाल सिंह
9810058390

18th November, 2024

#Glimpses of Parivar Prabodhan on "A strong family is the foundation of a strong nation"

मजबूत परिवार एक मजबूत राष्ट्र की नींव होते हैं, क्योंकि वे समाज के निर्माण खंड हैं। परिवार में व्यक्ति एकता, जिम्मेदारी, सहयोग और सहानुभूति जैसे मूल्य सीखते हैं, जो उनके चरित्र और समाज में योगदान को आकार देते हैं।

ऐसे परिवार जो शिक्षा, नैतिक मूल्यों और भावनात्मक कल्याण को प्राथमिकता देते हैं, जिम्मेदार नागरिकों का निर्माण करते हैं। वे अपनेपन और सुरक्षा की भावना प्रदान करते हुए चुनौतियों का सामना करने में सशक्त बनाते हैं।

परिवार सांस्कृतिक परंपराओं और नैतिकता को संरक्षित रखते हुए राष्ट्र की पहचान और सद्भाव को बनाए रखते हैं। शिक्षा, स्वास्थ्य और अवसरों से सशक्त परिवार सामाजिक प्रगति के लिए प्रेरक बनते हैं, जिससे राष्ट्र समृद्ध होता है। परिवार कल्याण में निवेश और कार्य-जीवन संतुलन को बढ़ावा देना एक मजबूत राष्ट्र के लिए आवश्यक है।



The poster features a central logo with a globe and the word 'SAMPURNA' above it. Below the logo, the text reads 'सम्पूर्णा परिवार प्रबोधन' in large, bold letters. Underneath, it says 'परिवार एवं समाज कल्याण के लिए सदैव प्रयासरत'. The event details are listed: 'दिनांक : 18 नवंबर, 2024', 'समय : 3-4 बजे तक', and 'स्थान : फ्लैट न. 82, जमना अपार्टमेंट, सेक्टर - 9, रोहिणी, दिल्ली - 110085'. A green box contains the topic: 'विषय: "सशक्त परिवार ही सशक्त राष्ट्र की नींव है।"'. At the bottom, it mentions the guest: 'मुख्य अतिथि- डॉ. शोभा विजेन्द्र, सम्पूर्णा संस्थापिका' and the contact information: 'संपर्क सूत्र : चंद्रकांता मल्होत्रा 9999730880'. The background is decorated with purple flowers and a soft purple wash.

19th November, 2024
Kirtan in Sampurna Center

****हनुमान चालीसा पाठ और भजन कार्यक्रम का आयोजन****

दिनांक 19 नवंबर मंगलवार को सम्पूर्णा द्वारा हनुमान चालीसा का पाठ और भजन कार्यक्रम का आयोजन किया गया। इस पवित्र कार्यक्रम में बड़ी संख्या में सम्पूर्णा के सदस्यों ने भाग लिया और भगवान हनुमान की भक्ति में डूबे सुंदर भजनों और चालीसा के सामूहिक पाठ का आनंद लिया।

कार्यक्रम का उद्देश्य आध्यात्मिक ऊर्जा का संचार और सामूहिक भक्ति को प्रोत्साहित करना था। वातावरण भक्ति और श्रद्धा से ओतप्रोत रहा। इस आयोजन ने सभी प्रतिभागियों को मानसिक शांति और सकारात्मकता का अनुभव कराया।

कार्यक्रम का समापन प्रसाद वितरण के साथ हुआ, जिसमें सभी ने सामूहिक रूप से हिस्सा लिया। यह आयोजन सम्पूर्णा के सामाजिक और आध्यात्मिक कार्यों की एक और सफल पहल साबित हुआ।

21st November, 2024

#Sampurna Haat in B Block Parking, Oriental Apartment, Sector-9, Rohini (Topic- Maintaining decorum in marriage ceremony)



सम्पूर्णा हाट

(महिला समूह द्वारा स्वयं निर्मित वस्तुओं की प्रदर्शनी)
स्थान: B ब्लॉक पार्किंग, ओरिएंटल अपार्टमेंट,
सेक्टर-9, रोहिणी दिल्ली-110085
दिनांक: 21 नवंबर, 2024
समय : दोपहर 12 बजे से 2 बजे तक

#भाषण प्रतियोगिता
विषय : विवाह संस्कार मे मर्यादा की पालना
पुरस्कार वितरण : प्रथम तीन प्रतियोगी
मुख्य अतिथि: डॉ.शोभा विजेन्द्र
(सम्पूर्णा संस्थापिका)

आप सभी सादर आमंत्रित हैं ।
कृपया अधिक संख्या में रजिस्ट्रेशन करें।
सम्पर्क सूत्र : निर्मला गुप्ता : 8920008080
रेनू बंसल : 9711717567
ललिता मित्तल : 9811292290
कुसुम डाबर : 9811951282
प्रभा गुप्ता : 8700617196

23rd November, 2024

#Glimpses of Parivar Prabodhan on “Boys and girls are equal, responsibilities are also equal”



सम्पूर्णा परिवार प्रबोधन

परिवार एवं समाज कल्याण के लिए सदैव प्रयासरत

दिनांक : 23 नवंबर (शनिवार)

समय : 2:30 बजे से 3:30 बजे तक

स्थान : फ्लैट नंबर ए 23, चेतक अपार्टमेंट,
सेक्टर 9, रोहिणी, दिल्ली 110085

विषय: लड़का लड़की बराबर,
जिम्मेदारी भी बराबर

मुख्य अतिथि:

डॉ शोभा विजेन्द्र, सम्पूर्णा संस्थापिका

संपर्क सूत्र: नेहा निहाल जैन

+91 9310595718

24th November, 2024

#Glimpses of Parivar Prabodhan on “A strong family is the foundation of a strong nation”

सम्पूर्णा द्वारा आज फ्लैट न. 12, न्यू विंध्यांचल अपार्टमेंट, सेक्टर - 18, रोहिणी में परिवार प्रबोधन का आयोजन किया गया, जिसका विषय था सशक्त परिवार ही सशक्त राष्ट्र की नींव होता है, क्योंकि परिवार समाज की सबसे छोटी इकाई है, जहां संस्कार, शिक्षा और नैतिक मूल्यों की शुरुआत होती है। एक मजबूत और एकजुट परिवार अपने सदस्यों को न केवल भावनात्मक और सामाजिक सहारा देता है, बल्कि उन्हें एक जिम्मेदार नागरिक बनने के लिए प्रेरित करता है। परिवार में सिखाए गए मूल्य जैसे एकता, सहनशीलता, और सहयोग पूरे समाज और राष्ट्र को सुदृढ़ बनाते हैं। जब हर परिवार खुशहाल और सशक्त होगा, तभी एक प्रगतिशील और मजबूत राष्ट्र का निर्माण संभव होगा।

SAMPURNA

सम्पूर्णा
परिवार प्रबोधन

परिवार एवं समाज कल्याण के लिए सदैव प्रयासरत

दिनांक : 24 नवंबर (रविवार)
समय : 3 बजे से 4 बजे तक
स्थान : ए-6/56, सेक्टर 18, रोहिणी, दिल्ली 110085

विषय: सशक्त परिवार ही सशक्त राष्ट्र की नींव है

मुख्य अथिति:
डॉ शोभा विजेन्द्र, सम्पूर्णा संस्थापिका

संपर्क सूत्र: दीपक धवन
+91 92127 92709

30th November, 2024

#Sampurna Haat in Society Hall, New Swastik Apartment, Sector-9, Rohini (Topic- if there is one then it is safe)



सम्पूर्णा हाट

(महिला समूह द्वारा स्वयं निर्मित वस्तुओं की प्रदर्शनी)
स्थान: सोसाइटी हॉल, न्यू स्वस्तिक अपार्टमेंट,
सेक्टर-9, रोहिणी दिल्ली-110085
दिनांक: 30 नवंबर, 2024
समय : दोपहर 12 बजे से 2 बजे तक
भाषण प्रतियोगिता
#एक है तो सेफ है!
पुरस्कार वितरण: प्रथम तीन प्रतियोगी
मुख्य अतिथि: डॉ: शोभा विजेन्द्र, सम्पूर्णा
संस्थापिका
कृपया अधिक संख्या में रजिस्ट्रेशन करें।
: सम्पर्क सूत्र :
वी के अग्रवाल: 9313273353
राजीव रस्तोगी : 9560407603
अभिनय गुप्ता : 9811142367
आशु पाहुजा : 9810301086
नरेश जैन : 9416012225
सरत मिश्रा : 9312270440
सूरज गर्ग : 9811194932



01st December, 2024

#Glimpses of Parivar Prabodhan on “Our elders are the strength of our family”

सम्पूर्णा द्वारा आज फ्लैट न. 12, न्यू विंध्यांचल अपार्टमेंट, सेक्टर - 13, रोहिणी में परिवार प्रबोधन का आयोजन किया गया, जिसका विषय था “हमारे बुजुर्ग हमारे परिवार की ताकत हैं।” हमारे बुजुर्ग हमारे परिवार की असली ताकत और आधारशिला हैं। वे अपने अनुभवों, ज्ञान और जीवन के मूल्यों से हमें सही दिशा दिखाते हैं और हमारे हर फैसले में मार्गदर्शन करते हैं। उनका जीवन कठिनाइयों और संघर्षों से भरा होता है, जिनसे उन्होंने अनमोल सबक सीखे होते हैं, जो हमें चुनौतियों का सामना करने में मदद करते हैं। उनकी उपस्थिति परिवार को न केवल संस्कार, एकता, और सहनशीलता की शिक्षा देती है, बल्कि हमें धैर्य और विनम्रता का महत्व भी समझाती है।

डॉ. शोभा विजेन्द्र, सम्पूर्णा संस्थापिका बताती है कि आज के व्यस्त जीवन में, जब हम अपने लक्ष्यों और व्यस्तताओं में उलझ जाते हैं, बुजुर्ग हमें सरलता और सामंजस्य से जीवन जीने का

महत्व समझाते हैं। उनका सम्मान और देखभाल करना न केवल हमारा नैतिक कर्तव्य है, बल्कि हमारे समाज की नींव को सुदृढ़ बनाए रखने का एक तरीका भी है। उनकी खुशी और स्वास्थ्य का ध्यान रखना एक ऐसा निवेश है, जो परिवार की स्थिरता और खुशहाली को सुनिश्चित करता है। सचमुच, बुजुर्ग हमारे परिवार का वह स्तंभ हैं, जिनके बिना हमारी पहचान अधूरी है।



05th December, 2024

#Sampurna Haat in Mandir Premises, Lakeview Apartment, Sector-9, Rohini (Topic- Attack on temples in Bangladesh)



सम्पूर्णा हाट



(महिला समूह द्वारा स्वयं निर्मित वस्तुओं की प्रदर्शनी)

स्थान: मंदिर प्रांगण, लेकव्यू अपार्टमेंट,
सेक्टर-9, रोहिणी दिल्ली-110085

दिनांक: 05 दिसम्बर, 2024

समय : दोपहर 12 बजे से 2 बजे तक

भाषण प्रतियोगिता

#बांग्लादेश में मंदिरों पर आक्रमण

पुरस्कार वितरण: प्रथम तीन प्रतियोगी

मुख्य अतिथि: डॉ: शोभा विजेन्द्र, सम्पूर्णा
संस्थापिका

कृपया अधिक संख्या में रजिस्ट्रेशन करें।

राजेन्द्र डबास 9810508410

जितेन्द्र खन्ना 9811045395

रतन पंडित 9540991965

एम पी अरोड़ा 9868122406

संपर्क सूत्र : चित्रा अग्रवाल 8376967376

पारुल जी 9873584597



06th December, 2024

#Glimpses of Parivar Prabodhan on “Position of women in Hindu family”

आज सम्पूर्णा द्वारा डी-10 /17, सेक्टर-15, रोहिणी में परिवार प्रबोधन का आयोजन किया गया, जिसका विषय था "हिंदू परिवार में नारी का स्थान"। हिंदू परिवार में नारी का स्थान अत्यंत सम्मानजनक और महत्वपूर्ण माना गया है। वह परिवार की आधारशिला के रूप में कार्य करती है और गृहलक्ष्मी के रूप में सुख-समृद्धि का प्रतीक होती है। नारी को संस्कारों की धात्री माना गया है, जो बच्चों में सही-गलत का बोध कराकर उन्हें समाज के योग्य नागरिक बनाती है। वेदों में कहा गया है कि जहां नारी का सम्मान होता है, वहां देवता वास करते हैं, और यह दृष्टिकोण नारी की धार्मिक और आध्यात्मिक भूमिका को भी उजागर करता है। नारी परिवार की संरक्षक और पोषक होती है, जो माँ, पत्नी, बहन और बेटी के रूप में अपने कर्तव्यों का पालन करती है। आधुनिक समय में नारी परिवार के निर्णय लेने में भी सक्रिय भागीदारी निभा रही है, जिससे उसकी भूमिका और भी व्यापक हो गई है। हिंदू समाज में नारी केवल परिवार का केंद्र नहीं, बल्कि संस्कार, संस्कृति, और समृद्धि का स्रोत है, जिसे सशक्त और समान अवसर प्रदान करके समाज की उन्नति सुनिश्चित की जा सकती है।



SAMPURNA

सम्पूर्णा
परिवार प्रबोधन
परिवार एवं समाज कल्याण के लिए
सदैव प्रयासरत
दिनांक : 06, दिसम्बर, 2024
समय : 5-6 बजे तक

स्थान : D-10/17, ग्राउन्ड फ्लोर, सेक्टर-15, रोहिणी,
दिल्ली - 110089

विषय: "हिंदू परिवार में नारी का स्थान"

मुख्य अतिथि- डॉ. शोभा विजेन्द्र,
सम्पूर्णा संस्थापिका

संपर्क सूत्र : शशि कुमार शर्मा
9811157781

12th December, 2024

#Sampurna Haat in Sanskrit Nagar Apartment, Sector-14, Rohini (Topic- Conspiracy to spread fear in Delhi through rumours, be careful)



सम्पूर्णा हाट



(महिला समूह द्वारा स्वयं निर्मित वस्तुओं की प्रदर्शनी)

स्थान: संस्कृत नगर अपार्टमेंट (मिनी पार्क),
सेक्टर-14, रोहिणी, दिल्ली-110085

दिनांक: 12 दिसंबर, 2024

समय : दोपहर 12 बजे से 2 बजे तक

भाषण प्रतियोगिता

#अफवाहों से दिल्ली में डर फैलाने की साजिश, रहे

सावधान !

पुरस्कार वितरण: प्रथम तीन प्रतियोगी
मुख्य अतिथि: डॉ: शोभा विजेन्द्र, सम्पूर्णा
संस्थापिका

कृपया अधिक संख्या में रजिस्ट्रेशन करें।

: सम्पर्क सूत्र :

राजीव राणा : 9312642599

आशु : 9999370963

अमिता : 8588008176

शीला जैन : 9599921194

श्वेता केजरीवाल : 9818435185

राम किशन व्यास : 9810592760



12th December, 2024

Heater Distribution program organized by Sampurna under Pollution Control Campaign. Shri Vijender Gupta, Leader Of Opposition, Delhi Legislative Assembly was the Chief Guest in the program. Heaters were distributed to guards.

The motive of this campaign is to control pollution in Delhi.

Under the Pollution Control Campaign initiated by Sampurna, a Heater Distribution Program was successfully organized with the aim of addressing the growing pollution concerns in Delhi. The event was graced by Shri Vijender Gupta, Leader of Opposition in the Delhi Legislative Assembly, as the Chief Guest. Recognizing the critical role of security guards who often work tirelessly during cold winters, heaters were distributed to them as a practical measure to curb pollution.

The campaign underscores the pressing need to reduce the use of traditional wood or coal-burning methods for warmth, which significantly contribute to air pollution. By providing energy-efficient heaters, the initiative seeks to encourage sustainable practices while ensuring the well-being of those most vulnerable to extreme weather conditions. Shri Vijender Gupta commended Sampurna's proactive approach and emphasized the importance of collective efforts in combating pollution.

The program highlighted Sampurna's commitment to community welfare and environmental preservation, serving as an example of how small yet impactful steps can contribute to a larger cause of safeguarding public health and the environment.



सम्पूर्णा द्वारा प्रदूषण नियंत्रण अभियान

हीटर वितरण समारोह



डॉ. शोभा विजेन्द्र
सम्पूर्णा संस्थापिका

मुख्य अतिथि : श्री विजेन्द्र गुप्ता

नेता विपक्ष व विधायक, रोहिणी

12 दिसंबर, 2024 • प्रातः 10.30 बजे • सम्पूर्णा केन्द्र, रजापुर गांव, सेक्टर-9, रोहिणी

आइए !
भगवान जी की
इस्तेमाल की हुई
पोशाक, सम्पूर्णा
में दान करें

अपने सेक्युरिटी गार्ड को हीटर देकर
प्रदूषण निपटान में पहल करें



आइए, हम सब मिलकर दिल्ली को प्रदूषण मुक्त बनाएं

निवेदक : सम्पूर्णा सामाजिक संस्था और डॉ. सबरवाल

संपर्क : डॉ. शोभा विजेन्द्र - 9868104665

10X8

15th December, 2024

#Glimpses of Parivar Prabodhan on “Position of women in Hindu family”

आज सम्पूर्णा द्वारा एफ-17 /45, सेक्टर-15, रोहिणी में परिवार प्रबोधन का आयोजन किया गया, जिसका विषय था “हिंदू परिवार में नारी का स्थान”। हिंदू परिवार में नारी का स्थान अत्यंत सम्मानजनक और महत्वपूर्ण माना गया है। वह परिवार की आधारशिला के रूप में कार्य करती है और गृहलक्ष्मी के रूप में सुख-समृद्धि का प्रतीक होती है। नारी को संस्कारों की धात्री माना गया है, जो बच्चों में सही-गलत का बोध कराकर उन्हें समाज के योग्य नागरिक बनाती है। वेदों में कहा

गया है कि जहां नारी का सम्मान होता है, वहां देवता वास करते हैं, और यह दृष्टिकोण नारी की धार्मिक और आध्यात्मिक भूमिका को भी उजागर करता है। नारी परिवार की संरक्षक और पोषक होती है, जो माँ, पत्नी, बहन और बेटी के रूप में अपने कर्तव्यों का पालन करती है। आधुनिक समय में नारी परिवार के निर्णय लेने में भी सक्रिय भागीदारी निभा रही है, जिससे उसकी भूमिका और भी व्यापक हो गई है। हिंदू समाज में नारी केवल परिवार का केंद्र नहीं, बल्कि संस्कार, संस्कृति, और समृद्धि का स्रोत है, जिसे सशक्त और समान अवसर प्रदान करके समाज की उन्नति सुनिश्चित की जा सकती है।



सम्पूर्णा
परिवार प्रबोधन

परिवार एवं समाज कल्याण के लिए सदैव प्रयासरत

दिनांक : 15 दिसंबर (रविवार)
समय : 2 बजे से 3 बजे तक
स्थान : एफ-17/45, सेक्टर 15, रोहिणी

विषय: हिंदू परिवार में नारी का स्थान

मुख्य अथिति:
डॉ शोभा विजेन्द्र, सम्पूर्णा संस्थापिका

संपर्क सूत्र: कविता शर्मा
+91 9212668071

19th December Parivar Prabodhan at F1/11, Sector-15

**19th December Parivar Prabodhan at C-2, Divya Jyoti Apartment topic
Bhartiy Sanskriti me Parivar ki Mehtvta**

Today on 19th December, 2024, a Parivar Prabodhan was organized by Sampurna at Divya Jyoti Apartment, Sector-18, Rohini. The residents of

Divya Jyoti Apartment participated enthusiastically in it. In this program, the topic was Importance of family in Indian culture. Dr. Shobha Vijender said that In Indian culture, the family is considered the fundamental unit of society, where the roots of values, love, and unity run deep. The joint family system has been a distinctive feature, where all members support each other. Respect for elders, adherence to traditions, and the transmission of moral values from one generation to the next are integral to family life. It not only provides emotional security but also ensures stability and harmony in society. In Indian culture, a family is not just a group of relationships but the foundation of a strong and cohesive society.

19th December Parivar Prabodhan at Antriksh Apartment

22nd December, 2024

#Sampurna Haat in New Deluxe Apartment, Sector-9, Rohini (Topic- Rohingyas in Delhi, when will we wake up)

Today on 22nd December, 2024, a huge Sampurna Haat was organized by Sampurna at New Deluxe Apartment, Sector-9, Rohini. The residents of New Deluxe Apartment and its surrounding societies participated enthusiastically in it. A large number of women exhibited and sold their self-made products. Sampurna Founder President, Dr. Shobha Vijender said that Sampurna always promotes housewives, small entrepreneurs and needy women. Different types of stalls were set up by women like pickles, murabbas, cloth bags, carpets, sarees, suits, papads, different types of kanji, spices, paintings, art and craft, books, Ayurvedic products etc.

In this program, awareness was provided by Dr. Shobha Vijender on the topic Rohingyas in Delhi, when will we wake up. Dr. Shobha Vijender said that the growing number of Rohingya refugees in Delhi has become a humanitarian crisis that demands immediate attention. As a society, it is crucial for us to reflect on the severity of this issue and ask ourselves: when will we wake up to the suffering of these vulnerable individuals? While it is important to address concerns regarding security, it is equally essential to raise awareness among our children and communities about the importance of compassion, empathy, and understanding. We must find a balance

between protecting our society and offering support to those in need, ensuring that no one is left behind in the face of this crisis. The stalls of Sampurna Haat attracted the attention of all the attendees.



सम्पूर्णा हाट

(महिला समूह द्वारा स्वयं निर्मित वस्तुओं की प्रदर्शनी)

**स्थान: न्यू डीलक्स अपार्टमेंट (मंदिर प्रांगण),
सेक्टर-09, रोहिणी, दिल्ली-110085**

दिनांक: 22 दिसंबर, 2024

समय : दोपहर 12 बजे से 2 बजे तक

भाषण प्रतियोगिता

#दिल्ली में रोहिंग्या - हम कब जागेंगे !

पुरस्कार वितरण: प्रथम तीन प्रतियोगी

**मुख्य अतिथि: डॉ: शोभा विजेन्द्र, सम्पूर्णा
संस्थापिका**

कृपया अधिक संख्या में रजिस्ट्रेशन करें।

: सम्पर्क सूत्र :

डॉ रेखा गुप्ता : 9810615058

गिरिजा बंसल : 8800850841

अंजलि गिरोत्रा : 9810922166

मोनिका सुचल : 9999651577

शैली चौधरी : 9810173098

श्वेता गर्ग : 9999427471

सोनाली सोनी : 8447076444

22nd December, 2024

#Glimpses of Parivar Prabodhan on “Our elders are the strength of our family”

Today, Sampurna organized Parivar Prabodhan at Community Hall, Adarsh Apartment, Sector-9, Rohini focused on the topic **Our elders are the strength of our family**. In this Parivar Prabodhan we discussed that Our elders are the foundation of our families, providing wisdom, guidance, and emotional support. Their life experiences teach us valuable lessons, shaping our values and traditions. They offer stability, resolve conflicts, and nurture strong family bonds. Their love and sacrifices create a sense of belonging, making the family stronger and more united. Respecting and caring for our elders ensures that their wisdom continues to enrich future generations.



SAMPURNA

सम्पूर्णा
परिवार प्रबोधन

परिवार एवं समाज कल्याण के लिए
सदैव प्रयासरत

दिनांक : 22 दिसम्बर, 2024
समय : दोपहर 1:30 - 2:30 बजे तक
स्थान : आदर्श अपार्टमेंट, सोसाइटी कम्युनिटी हाल,
सेक्टर-09, रोहिणी, दिल्ली - 110085

विषय: "हमारे बुजुर्ग ही हमारे परिवार की ताकत है"

मुख्य अतिथि- डॉ. शोभा विजेन्द्र,
सम्पूर्णा संस्थापिका

: संपर्क सूत्र :
विनोद यादव : 9818141488
एकता चड्ढा : 9868960770
नैना कौल : 9911136576

22nd December, 2024

#Glimpses of Parivar Prabodhan on “Rohingyas pose threat to internal and external security”

Today, Sampurna organized Parivar Prabodhan at 14-C, Janyug Apartment, Sector-14, Rohini focused on the topic “Rohingyas Pose threat to internal and external security” In India, the presence of Rohingya refugees has raised security concerns both internally and externally. Their undocumented status and settlement in various states pose challenges related to illegal migration, resource strain, and potential law and order issues. There are fears that extremist groups could exploit their vulnerable condition, leading to radicalization and cross-border security threats. Additionally, tensions with local communities and concerns over demographic shifts have fueled debates on their impact. Ensuring national security while addressing humanitarian concerns remains a complex challenge for India.



The poster features a decorative border of pink and blue roses. At the top center is the Sampurna logo, which includes a globe and the word 'SAMPURNA'. Below the logo, the title 'सम्पूर्णा परिवार प्रबोधन' is written in large, bold, red Devanagari script. The text below the title provides details about the event: the date (22 December, Sunday), time (3 PM to 4 PM), and location (14-C, Janyug Apartment, Sector 14, Rohini, Delhi 110085). A pink box highlights the topic: 'विषय: आंतरिक और बाहरी सुरक्षा को रोहिंग्या से खतरा'. The speaker is identified as 'मुख्य अथिति: डॉ शोभा विजेन्द्र, सम्पूर्णा संस्थापिका'. Contact information for Sunil Garg (+91 9555573746) is also provided.

SAMPURNA

सम्पूर्णा परिवार प्रबोधन

परिवार एवं समाज कल्याण के लिए सदैव प्रयासरत

दिनांक : 22 दिसंबर (रविवार)
समय : 3 बजे से 4 बजे तक
स्थान : 14-C, जनयुग अपार्टमेंट, सैक्टर 14,
रोहिणी, दिल्ली 110085

**विषय: आंतरिक और बाहरी
सुरक्षा को रोहिंग्या से खतरा**

मुख्य अथिति:
डॉ शोभा विजेन्द्र, सम्पूर्णा संस्थापिका

संपर्क सूत्र: सुनिल गर्ग
+91 9555573746

22nd December, 2024

#Glimpses of Parivar Prabodhan on “If the family survives, the society survives”

Today, Sampurna organized Parivar Prabodhan at H-3/2, Sector-18, Rohini focused on the topic “if the family survives, the society survives”. The family is the foundation of society, shaping values, culture, and future generations. Strong families instill morals, provide support, and nurture responsible individuals who contribute positively to their communities. When families thrive, they create stable environments, reducing social issues and fostering unity. A society built on strong family bonds experiences harmony, progress, and resilience. If the family survives, the society not only survives but flourishes.



**सम्पूर्णा
परिवार प्रबोधन**

परिवार एवं समाज कल्याण के लिए सदैव प्रयासरत
दिनांक : 22 दिसंबर (रविवार)
समय : 4 बजे से 5 बजे तक
स्थान : H -3/2, सैक्टर 18, रोहिणी,
दिल्ली 110085

विषय: परिवार बचेगा तो समाज बचेगा

मुख्य अथिति:
डॉ शोभा विजेन्द्र, सम्पूर्णा संस्थापिका

संपर्क सूत्र: नीलू सिन्हा जी
+91 78385 05899

24th December Parivar Prabodhan Arya Apartment topic Parivar or Samaaj ke liye saavidhan Zruri hai

A constitution is crucial for both the family and society because it sets the foundational principles that guide the actions, roles, and duties of every individual within the group. In a family, a set of rules and expectations

help establish a sense of responsibility, respect, and understanding among members. These guidelines create a stable environment where individuals know their roles and how to support one another. Similarly, a constitution in society outlines the rights and responsibilities of citizens, ensuring that everyone is treated fairly and justly. It serves as a reference point for resolving conflicts, maintaining law and order, and promoting equality. Without these guiding principles, both families and societies could become disorganized, leading to confusion, conflict, and instability. By establishing clear rules, a constitution helps foster a cooperative environment where individuals can live together harmoniously, pursue their goals, and contribute to the collective growth and well-being of the community.

25th December Parivar Prabodhan Puru Apartment topic Saanta dete uphaar, Raam Dete Sanskar

"Santa dete uphaar, Raam de sanskar" is a beautiful saying that reflects the importance of both kindness and moral values in life. "Santa dete uphaar" means the gift of kindness and generosity, qualities that help in building strong, compassionate relationships. It teaches us to give selflessly, spread love, and help others without expecting anything in return. On the other hand, "Raam de sanskar" refers to the values and principles followed by Lord Ram, such as truth, honor, respect, and righteousness. These values guide us to live a life of integrity and virtue. When we combine the gift of kindness with the noble principles of Lord Ram, we create a life full of love, peace, and harmony. This balance of compassion and moral teachings not only benefits us personally but also contributes to the well-being of society, fostering an environment of mutual respect and understanding.

25th December Parivar Prabodhan Welcome Apartment topic

26th December Sampurna Haat Parwana Apartment Mandir park topic Hmari Sanskriti or Vasudev Kutumbkam

29th December Parivar Prabodhan Neelkanth Apartment

11th Jan

Associate member meeting

Agenda of the meeting:

- A. To motivate members to actively participate in the assembly elections 2025.
- B. To organize awareness generation programs.

- C. To complete the identification process of all students of ITC.
- D. Any other subject with the permission of the chair.

Today, Smt. Asha Jain, president of Sampurna raised the issue of coming assembly election 2025. She encourage the members that they should participate in the coming election to strengthen the election process. Sampurna always motivates the members and community to go for vote healthy democracy. She informed the members that they are going to organize a series of awareness generation program on cleanliness and against gender bias. Rakhi and Amrita are going to be the convener of this drive. Asha Jain instructed the staff of ITC to complete the admission process of all the 24 students of basic cosmetology. In the end refreshing snacks with tea were served.

8th February 2025

Associate member agenda of the meeting

Agenda of the meeting

- A. No grant for family counseling centre
- B. Dilapidated conditions of some of the rooms in Sampurna
- C. Sewage problem at the main gate.
- D. Any other subject with the permission of the chair.

Smt. Asha Jain the president of Sampurna, today in the associate members meeting kept the subject of dilapidated conditions of FCC room, beautician room and side room. It has become difficult for the beneficiaries to work there. Even some the beneficiaries have stopped coming to Sampurna even for their course. Nirmala Chahal the treasurer requested the president to write letter to local MLA Sh. Vijender Gupta for doing the needful. The president also discussed for the last three years Sampurna is not getting any grant for FCC. The counselors are not being paid for so long so, there is an urgent need for addressing this problem too.

8th March 2025

Associate Members Meeting 11.30-12.30

Dr. Shobha Vijender the founder president of Sampurna presided over the meeting. Large numbers of the associate and executive members were present. The main agenda of the meeting was the following:-

- a. To motivate the members to actively participate in the activities of Sampurna.
- b. To encourage the members not to use plastic bags, but use cotton bags.
- c. To analyse the present in house projects critically.
- d. Any other subject with the permission of the chair.

Dr. Shobha Vijender in her speech said that the members of Sampurna should contribute religiously in the day to day activities of Sampurna as community participation is the core of social work. Sampurna is social welfare organization working in Delhi for the last 30 years. The volunteers are playing a crucial role in making the projects successful in all parameters. She encourages the members to use cotton bags made by beneficiaries in Sampurna and requested them to ban using plastic bags. She said that we have to make this a campaign not by the Govt. but by the people themselves. Smt. Asha Jain, president of Sampurna reported that now a days Sampurna is running the following projects:-

- A. Beautician Course
- B. Cutting and Tailoring Course
- C. Non Formal Education Project
- D. Family Counseling Centre
- E. Computer Training Course
- F. Best out of Waste Project

The projects are doing well but they need more supervision and more number of beneficiaries. So Smt. Asha Jain advised that volunteers should come forward and take the responsibility. Some of the associate members promised Asha Jain to give time to personally supervise the projects. After the meeting everybody had tea and biscuits.

8th March, 2025

Celebrations of Women's Day

We invited both former and current associate and executive members to

Sampurna for a small get-together on Women's Day. Everyone gathered by 1 PM, filled with enthusiasm for International Women's Day and congratulating one another.

The celebration began with a game of musical chairs. Santosh Garg emerged as the winner, with Shivani Gautam and Indu Bansal as the first and second runners-up, respectively. On this occasion, Dr. Shobha Vijender also invited the male members to participate in a separate round of musical chairs. In the men's game, Shrikant Sharma was the winner, while Jitender and Pankaj Gupta were the first and second runners-up, respectively.

All the winners were awarded beautiful gifts in recognition of their enthusiastic participation. The event concluded with everyone enjoying a delightful feast.

8th March, 2025

Sampurna Stall at NCW& All India Women Lawyer

Sampurna installed a canopy of various products made by the beneficiaries of Sampurna. The apex body of advocate's Adhivakta Parishad organized a Two days long conference at Markande Hall, Chattarpur. Rishabh and Nidhi, went there as representative of Sampurna to depict and sale the bags made from Bhagwan Ji's Poshak, they have also exhibited Dari, Asans, Pouches, Potlis, Mobile Bags, Coin Packs. The seminar was attended by 1000 of women advocates from all parts of India. It was a matter of great honor that the advocates were praising the products of Sampurna like anything. All the products were sold out like anything.

20th March World Oral Health Day

Venue : Sampurna, Maharana Pratap Community Centre, Sector-9, Rohini

On March 20, 2025, Sampurna organized a Free Dental Health Camp to commemorate World Dental Health Day. The event was conducted in collaboration with the Indian Dental Association, North Delhi. A dedicated team comprising Dr. Seema Goyal, President of the association, Dr.

Naveen Arya, CDH In-Charge, Dr. Pawan Gupta, Executive Member, and Dr. Chanchal K. Dhilwal participated in the camp. The team conducted dental check-ups for children, providing valuable guidance on maintaining oral hygiene. The camp concluded with an awareness session aimed at educating children about the importance of dental health. As a token of encouragement, toothbrushes were distributed to the participants, making the event a meaningful success.



Dental Health Care Camp

22nd March 2025 World Water Day

Venue: Sampurna, Maharana Pratap Community Centre, Sector-9, Rohini

On 22nd March 2025, Sampurna commemorated World Water Day with a meaningful initiative aimed at raising awareness about water conservation. During the event, members, teachers, interns, and children of Sampurna gathered to take a solemn oath to protect and conserve water. They pledged not to waste this precious resource and to use it judiciously, ensuring that it is utilized only when necessary. The program was a testament to Sampurna's commitment to environmental preservation, underscoring the theme "Water is Life." As part of its ongoing environmental protection campaign, Sampurna actively promotes the significance of water conservation and sustainable practices. The event not only emphasized the urgency of safeguarding water for current and future generations but also encouraged participants to adopt responsible habits in their daily lives.



Volunteers and Students took Pledge on World Water Day